



TANYA CURTIS BEHAVIOUR & AUTISM CONSULTING SERVICES

**SUPPORTING BEHAVIOURAL
CHALLENGES AND AUTISM SPECTRUM
DISORDER**

**IN-CLINIC, ONLINE
(TELEHEALTH), HOME
VISITS – NATIONALLY AND
INTERNATIONALLY**

Unlock lasting, meaningful change within your organisation or school with Tanya Curtis' Behaviour and Autism Consulting Services.

Drawing on over two decades of hands-on expertise, Tanya partners with teams to translate behavioural sciences, behavioural challenges and Autism Spectrum Disorder, delivering practical, evidence-based strategies that work in real-world settings.

Whether your goal is to build staff confidence, improve individual outcomes, or create a more supportive community, Tanya's person-centred and community-focused approach, anchored in the renowned Body Life Skills program and grounded in Functional Behaviour Assessment principles, empowers your entire network to understand, respond to, and transform behaviour for lasting change.

Supporting individuals with behavioural challenges and Autism Spectrum Disorder (ASD) brings a unique

set of complexities that Tanya Curtis understands firsthand through decades of clinical practice.

Tanya's consulting services are designed to directly address the most pressing challenges organisations face – whether it's:

- Building staff confidence
- Embedding consistent and evidence-based practices
- Reducing reliance on restrictive interventions
- Fostering genuine collaboration across teams

Drawing on real-world experience and proven strategies, Tanya partners with your organisation to turn these common pain points into opportunities for growth, empowerment, and lasting positive change.

Experience consulting that goes beyond theory, transforming pain points into progress by bringing real strategies, explanations, and support to the people and environments that need them most.



CONSULTING SERVICES FOR ORGANISATIONS & SCHOOLS

Tanya Curtis' consulting services are designed to help organisations move beyond isolated interventions and embed a culture of positive lasting behaviour change throughout their entire company or school.

With a deep understanding of the complexities involved in supporting individuals with behavioural challenges and Autism Spectrum Disorder (ASD), Tanya's approach is both scientific and practical, ensuring that policies, practices, and people are aligned for long-term success.

ORGANISATION-WIDE BEHAVIOUR CHANGE SUPPORT

- **Policy & Practice Alignment:**

Tanya works alongside leadership teams to review, develop, and implement behaviour change policies that are evidence-based, person-centred, and compliant with current standards (including NDIS requirements). This ensures your organisation's policies are not just on paper, but actively guiding daily practice and decision-making at every level.

- **Whole-Organisation Approach:**

By addressing the needs of staff, groups, and individual participants, Tanya's consultancy supports change that is systemic—not just reactive. This includes helping organisations identify barriers to implementation, developing proactive strategies, and ensuring consistent application of behaviour support plans across settings and teams.

- **Capacity Building:**

Through tailored training, ongoing mentoring, and clinical supervision, Tanya empowers staff at all levels to understand the "why" behind behaviours and respond with confidence and consistency. This reduces reliance on restrictive practices and fosters a culture of proactive, positive support.

COMPREHENSIVE & CUSTOMISED CONSULTANCY

- **Functional Behaviour Assessments:**

Tanya provides in-depth assessments that get to the root of behavioural challenges, ensuring that interventions are targeted and effective. Her recommendations are practical, actionable, and tailored to your specific organisational context whether you're a school, disability provider, government agency, or community group.

- **Evidence-Based Recommendations:**

All strategies are grounded in the latest research and Tanya's extensive clinical experience, ensuring your organisation is equipped with approaches that work in real-world environments.

EMPOWERING THROUGH THE BODY LIFE SKILLS PROGRAM

- **Methodology Anchored in Functional Assessment:**

The Body Life Skills Program is at the heart of Tanya's consulting, offering a structured, step-by-step framework for understanding and transforming behaviour. This program equips staff, teams, and individuals with the skills to respond to life's challenges, supporting lasting behaviour change across the organisation.

- **Tools for Lasting Change:**

By developing practical life skills and building capacity within your teams, the Body Life Skills Program helps embed a culture of ongoing growth and positive transformation.

COMMUNITY-FOCUSED, SUSTAINABLE CHANGE

- **Supporting the Whole Network:**

Tanya recognises that every individual comes with a community. Her approach involves not just the person displaying challenging behaviour, but also their families, educators, carers, therapists and

EMPOWER YOUR TEAM. TRANSFORM YOUR OUTCOMES.
SUPPORT *LASTING* BEHAVIOUR CHANGE.

CONTACT FABIC TODAY

TANYA CURTIS – LASTING BEHAVIOUR CHANGE SPECIALIST

complete support team, ensuring everyone is on the same page and working together.

- **Building Collective Understanding:**

Through workshops, mentoring, and collaborative planning, Tanya helps organisations and schools create an environment where everyone feels equipped and supported to contribute to positive behaviour change.

- **Sustainable Outcomes:**

By embedding sciences, behavioural knowledge, skills, and supportive policies at every level, Tanya's consulting services increase the likelihood of long-term, sustainable improvements, benefiting staff, participants, and the wider community.

Whether your organisation is looking to review and strengthen its behaviour change policies, build staff capability, or support individuals with complex needs, Tanya Curtis offers a comprehensive, organisational approach that turns challenges into opportunities for growth and positive change.

WHY ORGANISATIONS CHOOSE TANYA CURTIS

- **Unparalleled Expertise:**

Tanya's qualifications, ongoing professional development, and decades of hands-on experience set her apart as a leader in the field.

Her approach is practical, person-centred, and adaptable to the unique needs of each organisation.

- **Proven Results in Complex Cases:**

Tanya is trusted for her ability to bring about lasting change where others may have struggled, including in high-need, high-complexity environments.

- **Evidence-Based, Lasting Change:**

The BodyLife Skills program is grounded in research and best practice, focusing on understanding

behaviour at its root and implementing real-world, lasting solutions.

- **Adaptable to Growing Needs:**

With rising diagnoses of Autism Spectrum Disorder and increasing behavioural challenges in society, organisations require up-to-date, evidence-based strategies. Tanya's services are designed to meet this demand.

- **Boosts Organisational Capacity:**

Staff gain confidence and practical skills, leading to improved outcomes for clients, students, and the wider community.

Reduces incidents, increases independence, and enhances overall quality of life for those supported.

THE GROWING NEED FOR BEHAVIOUR & AUTISM CONSULTING

- **Rising Prevalence:**

The number of individuals diagnosed with Autism Spectrum Disorder and those experiencing behavioural challenges is increasing globally.

Schools, organisations, and community services must be equipped to meet these challenges with contemporary, effective approaches.

- **Invest in Your Team & Community:**

Professional consulting and training translate to better support, reduced staff stress, and improved outcomes for everyone involved.

Here to support you ...



ABOUT TANYA CURTIS AND FABIC

DIRECTOR & FOUNDER OF FABIC

FABIC (Functional Assessment & Behavioural Interventions Clinic) was established in 2006; with headquarters in Gold Coast, Australia, and a national and global client base

QUALIFICATIONS

- Master of Behaviour Management (MBehMgt)
- Master of Counselling (MCoun)
- Bachelor of Health Science – Behaviour Management (BHLthSci)
- Associate Diploma of Education (Child Care) (Assoc Dip Ed)

PROFESSIONAL EXPERIENCE

- Over 20 years in the field, beginning as a Behaviour Specialist in a university clinical setting in 2002 and founding FABIC in 2006.
- Extensive work with government departments, community organisations, schools, families, and individuals of all ages and backgrounds.
- Renowned for supporting the most complex and “tough case”
- Regularly provides clinical supervision for professionals seeking to advance their skills in behaviour support and intervention.
- Brings focus to supporting others to feel equipped to implement lasting behaviour change across all settings

INDUSTRY LEADERSHIP & RESOURCES

- Author of multiple books on behaviour change and practical strategies for individuals, families, and professionals.
- Developer and host of over 120 episodes on FABIC TV, providing accessible, real-world insights and guidance to support sustainable behaviour change for a world-wide audience.

FABIC – MULTI-DISCIPLINARY BEHAVIOUR SPECIALIST CLINIC OFFERING:

- Behaviour specialist consultations
- Speech pathology, psychology, occupational therapy, and counselling
- Behavioural assessments, consultancy, group training, and staff mentoring
- Professional development (FABIC.tv) and clinical supervision
- Accepts NDIS and other funding options.
- Committed to providing free educational resources: videos, articles, blogs, and fact sheets.

Services are available in-clinic, online (telehealth) and via home visits.

Nationally and internationally.



Find out today how Senior Behaviour Specialist Tanya Curtis can support your organisation or school with tailored, practical, person-centred behaviour and autism consulting packages.

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