





### **JULIE FERGUSON**

Behaviour Counsellor and Positive Behaviour Support Practitioner

Julie's counselling credentials and 14 years' experience working in the education system make her well equipped to support with lasting behaviour change.

Understanding the powerful tools that the Body Life Skills Program offers in its practical, easy to follow and very real application, Julie welcomes the opportunity to work with you as you take charge of the behaviours that are not working in your own life and for those you live and work with or care for.



### **CORNELIA KHALU**

Behaviour Counsellor and Positive Behaviour Support Practitioner

Cornelia brings a down-to-earth approach to counselling that embraces everyone as equally capable in reconnecting to their own mastery of life.

Cornelia knows that everyone is amazing; however, we may not always feel like we can live this amazing quality. Thus, from time to time we may engage in behaviours that are not representative of who we truly are. Cornelia offers a foundation where everyone feels supported to live their amazing quality and embrace all aspects of life.



**SEAN DOOLAN** 

Behaviour Counsellor

Sean is dedicated to fostering and supporting positive behaviour changes in people.

With a holistic approach, Sean prioritises establishing trust, active listening and empathetic understanding to empower individuals to reach their full potential. Applying the Body Life Skills Program, he addresses the underlying factors that contribute to behavioural patterns. With his steadfast approach he supports individuals' mental health and wellbeing.



### SAMANTHA CHATER

Behaviour Counsellor

Samantha has a long history of supporting people considered vulnerable, including but not limited to those with learning disabilities, developmental disabilities, behavioural challenges and mental health concerns.

Samantha has been involved in running and setting up successful community projects and has had many years' experience in the health and social care sector, coaching and supporting others to live and reach their full potential.



### **KRISTY WOOD**

**BEHAVIOUR EDUCATOR & CLINICIAN** 

Kristy loves supporting people to recognise their strengths and use these as a foundation for building skills through the Body Life Skills Program to engage in life and enjoy what they can bring to others.

Kristy has been working as a teacher in primary schools across Australia since 2001, both as a classroom teacher and supporting with students' wellbeing and behaviours in and out of the classroom. She has led school teams in behaviour change and implemented programs that have absolutely transformed behavioural issues and standards in schools.

# FABIC BEHAVIOUR SPECIALISTS

## **TEAM & SERVICES**

AVAILABLE IN CLINIC, AT YOUR LOCATION OR ONLINE

The Behaviour Specialist team at FABIC offers a wide range of clinical services aimed at supporting people to reach and live their full potential. All services bring focus to the Body Life Skills Program which is based on Functional Behaviour Assessment. At FABIC we know and put into practice that behaviour change cannot be about management and relief-based strategies, rather about teaching the skills to respond to life so that LASTING BEHAVIOUR CHANGE is the focus.

FABIC offers services in several locations and brings a multidisciplinary approach to:

- 1. Changing behaviour
- 2. Developing speech and effective communication
- 3. Increasing life skills
- 4. Increasing independence, capacity and quality of life

FABIC is NDIS\* registered and Medicare plans and private health funds can be used for certain FABIC services.

\*National Disability Insurance Scheme

## GOLD COAST CLINIC

In clinic and local travel

## **BRISBANE CLINIC**

In clinic and local travel

## **■ FLAGSTONE SERVICES**

In clinic and local travel

## BEAUDESERT SERVICES

Travelling to your home, workplace or community location

## ON-SITE

Travelling to your home, workplace or community location

## ■ TELEHEALTH

Local, national and international – don't letyour location stop you from accessing services





## BEHAVIOUR SERVICES

#### BEHAVIOUR SPECIALIST

Whether you are experiencing extreme unwanted or 'just' mild or moderate non-preferred behaviours, we offer specialised clinical services for all who aim to identify the root cause of why the behaviour is experienced in the first place. Our approach is known and renowned for being effective in even the most extreme cases and in some instances has been the last resort for people who had tried just about everything else and all but given up.

## BEHAVIOUR COUNSELLOR / BEHAVIOUR CLINICIAN

FABIC supports people to understand and change their non-preferred or unwanted behaviour by assisting them to develop the skills needed to feel confident to respond to life. FABIC Behaviour Counselling can support you and others to develop the skills to respond to challenging life situations, also known as triggers or life lessons, through building awareness and self-responsibility and teaching the practical life skills to reach your full potential.

### PSYCHOLOGY AND PROVISIONAL PSYCHOLOGY

At FABIC we offer psychology consultations for individuals, families, children, adolescents and adults experiencing life challenges. Our psychologists offer specialised clinical services for clients wanting to understand and change non-preferred or unwanted behaviour and support them to build strategies to truly enjoy their everyday life. We work with people with low-intensity unwanted behaviours right through to extreme high-intensity behaviours. Our psychology services team is made up of psychologists and provisional psychologists.

# SPEECH SERVICES

### SPEECH PATHOLOGY

The Speech Pathology service at FABIC is grounded in the understanding that difficulties communicating are blockages to a person's true potential coming forth and being expressed. FABIC Speech Pathology combines traditional tools for understanding and addressing communication difficulties with the FABIC Body Life Skills Program as developed and practised by Senior Behaviour Specialist and Counsellor Tanya Curtis. This potent combination brings a dedicated person-centred approach that seeks to understand difficulties communicating, right back to their deepest underlying root cause and ensuring that this is fully understood and addressed in the intervention so the person's true ability to express can emerge.

# **OT SERVICES**



## OTHER FABIC SERVICES:

fabic.tv fabic.study fabicpublishing.com

## OCCUPATIONAL THERAPY

Occupational Therapy is an allied health profession that focuses on teaching skills for everyday living. At FABIC we offer Occupational Therapy services to support children and adults of all ages who are facing challenges carrying out activities of daily life. Barriers to participation in these areas of life may be due to physical or cognitive challenges, developmental delay, ageing, injuries or surgery as well as social and emotional issues. FABIC Occupational Therapy sessions are fun and engaging; they support children and adults to function more independently each day and develop a living quality that allows them to enjoy life and live their full potential.





### **TANYA CURTIS**

Director, Senior Behaviour Specialist and Counsellor, Supervisor, Presenter, Author, Course Facilitator, Product Developer

Tanya has been working as a behaviour specialist and counsellor since 2002 and founded FABIC (Functional Assessment & Behaviour Interventions Clinic) in 2006.

Many describe Tanya's work to be completely life changing. She supports people of all ages and offers support to anyone using any behaviour they would prefer not to be using, and equally to those supporting behaviour change in others ... and that is all of us!



## **EMILY RUTHERFORD**

Provisional Psychologist, Positive Behaviour Support Practitioner and Counsellor Emily is a registered provisional psychologist offering a behaviour focused approach and counselling.

Emily applies Functional Behaviour Assessment and the Body Life Skills Program to support people with lasting behaviour change. She operates from the basis that we are all awesome, amazing and lovable beings and more often than not, just need the space and support to develop behavioural responses to appropriately respond to and enjoy life.



## JOSS FERGUSON

Psychologist and Positive Behaviour Support Practitioner

Joss is a registered psychologist who takes a client-centred approach to behavioural change.

Joss applies the FABIC Functional Behavioural Assessment Model as well as Psychometric Assessments to ensure that clients have the opportunity and support to build consistency in how they respond to life events. The Body Life Skills program correlates with Joss' own lived experience, that everyone and anyone is capable of making behavioural shifts.



#### KATHRYN MARONEY

Senior Speech Pathologist

Kathryn offers services across most areas in the Speech Pathology scope of practice, including speech clarity, language, auditory processing, stuttering, literacy, disability, social skills, problem-solving, augmentative and alternative communication and more.

People who struggle to communicate often do so because there is a 'road block' rather than an inability to communicate. Kate supports expression minus the road blocks.



#### **ANNIE TRAN**

Occupational Therapist and Positive Behaviour Support Practitioner

Annie is an 'all-rounder' in Occupational Therapy and also specialises in mental health.

Annie brings a fun approach to supporting commitment in daily life. She assists people to embrace their strengths and also the life lessons or challenges that support life-long learning and development. Annie supports individuals, their caregivers and support team to build independence in the home, school/workplace and community setting..