



GROUP TRAINING: EFFECTIVE COMMUNICATION & LEADERSHIP

Do you find your communication style is impacting your or another person's quality of life?

Are you or do you want to be in a leadership position, yet find it challenging to communicate?

The way we communicate impacts our relationships significantly and also how effectively we can learn, grow and contribute as an individual and/or member of any group. To be an effective leader, whether in a school, workplace, family or the wider community, the way you communicate with another/others will be fundamental to your leadership style and the quality of connection you establish with others.

There is a big difference between an intended message (the message sent) and an interpreted message (the message received). Often, this is because we use abstract rather than concrete terms and you will get to know the difference between the two and so much more by way of many examples and a lot of practice.

For more info or to book, contact FABIC

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TOPICS COVERED

Supporting another requires us all to speak the same language. Are the words you use to communicate with another/others –

- Simple
- Clear/Concise
- Concrete/Exact
- Likely to be understood the same way when heard by different people?

If the answer is no, you are unlikely to be 'on the same page' and end up with different messages, leading to misunderstanding and possibly conflict. This negatively affects your time with other people.

Whether in our own personal lives or in a group, embracing effective communication skills to support connection and shared understanding with others is a powerful form of leadership.

OUTCOME

This FABIC group training comprises five sessions and supports people to examine their communication style and develop a way of communicating that builds connection and shared understanding and can be clearly received by others.

WHO WILL BENEFIT?

FABIC Effective Communication & Leadership group training* is tailored to individuals and groups who are ready to develop and implement effective communication and leadership skills in their lives.

*Maximum of 10 people per group.

LOCATION

FABIC group training sessions are available:

- Via telehealth video for individuals joining a group
- Face-to-face at your location if you have a specific group of people (travel costs apply)

COSTS

Cost varies according to course size and location. Please contact FABIC for details.

