



CLINICAL CONSULTATIONS

At FABIC we offer:

- Specialist Consultations
- Behaviour Counselling
- Psychology
- Provisional Psychology
- Speech Pathology
- Occupational Therapy

We all live in a classroom of life with an endless array of lessons on offer. All FABIC clinical consultations are aimed at supporting people (and their support team) to feel equipped to respond to the life lessons presented in their unique classroom of life. Whether you come for Speech, OT, Behaviour, Psychology or other, the focus of each discipline is to support each person to feel equipped to be in life.

Our clinicians have extensive experience in supporting people of all ages, from all walks of life, in varying environments (e.g. home, work, school, community, etc.) to develop the skills to change their own experience in life.

THE FABIC PHILOSOPHY

Our job is to make our job redundant; thus, we are here to support you to develop the skills to change your own experience of life.

For more info or to
book, contact FABIC

07 5530 5099

info@fabic.com.au

PURPOSE

To support people to feel equipped to be responsive and committed to their unique classroom of life.

WHAT'S INVOLVED?

Our approach embraces that where there is one person there is also a community ... thus, whenever possible, we not only include the client during the consultation but also those in their community (e.g. carers, parents, relatives, partners, educators, etc.). Our philosophy is to educate all people in the client's life so that everyone can be involved in supporting lasting behaviour change. As behaviour occurs in multiple settings, such as schools, residential homes, work and community, it is important to carry the newly acquired skills through to all environments to support lasting behaviour change.

HOW LONG DOES IT TAKE?

A clinical consultation is a 50-minute appointment.

It is difficult to determine the number of sessions required because each person experiences life differently and thus, the skills to be learnt and implemented will also be different for each person. We generally recommend an initial series of six consultations before reviewing how the client is responding to the FABIC approach and the new skills.

The key to remember: it is not what is discussed in the clinical setting that will bring lasting behaviour change but the transition of the skills into a client's natural settings. Thus, lasting behaviour change will occur speedier when the strategies offered in the clinical setting are lived in the client's natural settings.

WHO WILL BENEFIT?

Clinical consultations are useful for anyone who would like to embrace their classroom of life, feel less anxious and is interested in **LASTING BEHAVIOUR CHANGE** ... is it not true that wherever there is a human there are also behaviours? And furthermore, don't we all have behaviours we would prefer not to be using, time and time again?

LOCATION

A clinical consultation can be conducted face-to-face at one of our FABIC offices, via telehealth or on-site in the client's natural setting/s. Travel costs apply.

COSTS

Costs vary depending on each person's needs and are based on the clinician's standard fee (contact FABIC for details).

