



fabic

understanding and changing
behaviour

Speech Pathology Services

INFORMATION PACK

e: info@fabic.com.au

p: +61 7 5530 5099 w: www.fabic.com.au

About This Pack

This pack provides a detailed overview of the suite of speech pathology services offered through Fabic Behaviour Specialist Centre. There is an individual information page and service flyer for each aspect of the speech pathology service.

Inside this pack, you will find information about the following services:

- 1. Speech Pathology Services —**
The speech pathology service at Fabic offers assessment and therapy to people from all age groups and across all populations.
- 2. Speech Pathology Assessments and Reports —**
Fabic offers a full range of speech pathology assessments to support with identification and understanding of communication difficulties.
- 3. Language Services —**
Assessments and interventions to support people of all ages to develop their understanding and use of language to communicate.
- 4. Auditory Processing Services —**
Programs for people from three years of age right throughout adulthood to support them in developing their ability to process the spoken communication of others.
- 5. Executive Functioning and Problem-Solving Services —**
Speech pathology interventions to support with the development of executive functioning and problem-solving skills.
- 6. Stuttering Services —**
Assessment and treatment for people of all ages who are experiencing stuttering.
- 7. Social Skills Services —**
Fabic offers a range of options to support people of all ages to develop effective social skills for life.
- 8. Speech Clarity Services —**
Assessment and treatment for people of all ages to support the development of clear, functional speech.
- 9. Accent Modification Services —**
Accent modification programs for people attempting to reduce the influence of a foreign accent on their production of English.
- 10. Augmentative and Alternative Communication Services —**
A full, comprehensive service which introduces alternative means of communicating for people with little or no functional verbal speech.
- 11. Literacy Services —**
Assessment and therapy for people of all ages and presentations who have difficulty learning to read and write.
- 12. Voice Services —**
Assessment and therapy for voice difficulties, injuries and disorders for people of all ages.
- 13. Classroom, School and Learning Support Services —**
A support service to help schools and families identify and assist with the aspects of the school setting that a person may be finding challenging.
- 14. Autism and Disability Consultant Services in Schools —**
A service to upskill and equip schools to support students with autism and other disabilities.
- 15. Employment Skills Services —**
A support service for people with disabilities and/or additional learning needs to develop the skills needed for the workplace.
- 16. Support Worker Training Services —**
Training for support workers to support the process of understanding common support needs of people with disabilities and working with them to develop skills for independence.
- 17. Mobile Speech Pathology Services —**
A mobile speech pathology service to locations around the Brisbane and Gold Coast area as well as Beaudesert and Lismore.
- 18. Speech Pathology Webinars**

Speech Pathology Services

The purpose of Fabic is to support people to understand and change their unwanted behaviours. This is founded on the understanding that all unwanted behaviours are the result of anxiety first – the person being anxious at perceiving that they do not yet have the required skills to respond to an aspect or aspects of life before them.

Without strong and effective communication skills, people do not have the tools to participate effectively and successfully in their own lives and to respond to what is presented to them in life. This is why Fabic offers a speech pathology service as part of supporting people to develop the tools to not only respond to what is presented to them in life, *but to also live their full potential in life.*

What does the Speech Pathology Service at Fabic offer?

The speech pathology service at Fabic offers assessment and therapy to people from all age groups and across all populations. We can offer support across a broad range of areas including:

- **Language —**
The skills to understand the communication of others and to put words and sentences together for a person to communicate effectively for all purposes, in their turn.
- **Auditory Processing —**
The ability to process other people's speech effectively.
- **Executive Functioning —**
The skills required for organisation, planning and taking initiative.
- **Problem-Solving —**
The skills to identify, process and effectively respond to what is presented across all interactions, settings and tasks.
- **Clarity of Speech —**
The ability to produce words and sentences clearly so that a person's speech can be easily understood by others.
- **Fluency —**
The ability to deliver speech easily and effortlessly. Stuttering is a condition that can interfere with a person's ability to speak fluently.
- **Literacy —**
Reading and writing systematically and with ease.
- **Social Skills —**
The skills needed for successfully interacting with others across all contexts and for building and maintaining relationships.
- **Accent Modification —**
Modifying a person's production of words and sounds when speaking a language other than their birth language, so they can be more easily understood by native speakers.
- **Voice —**
The ability to produce speech through a clear and effective voice. There are various disorders that can interfere with the quality of sound a person can produce when speaking.

Speech Pathology Services

- **Augmentative and Alternative Communication —**

Supporting people who have little or no effective verbal speech to communicate via other means, such as pointing to pictures or using a device that speaks for them when they select pictures.

- **Disability —**

People with disabilities frequently require support in the above areas in addition to supporting them to apply the skills taught to increase their overall independence and participation in life.

Service Delivery & Locations

Fabic offers speech pathology services from clinics on the Gold Coast and in Brisbane. We also offer mobile services at the client's home, school, workplace or other locations on the Gold Coast, in Brisbane, Lismore and Beaudesert and can travel elsewhere to deliver services if needed. Our speech pathology services can also be accessed online via Skype and Zoom.

Funding Sources

Various funding options can be used to support access to the speech pathology services at Fabic, including:

- National Disability Insurance Scheme (NDIS) packages
- Helping Children with Autism Therapy Sessions (Medicare Plan — available from a paediatrician or psychiatrist)
- Chronic Disease Management Plan (Medicare Plan — available from your GP)
- Private Health Insurance

Meet Kathryn — Our Lead Speech Pathologist

Kathryn Maroney is the lead speech pathologist at Fabic. Kathryn has extensive experience working in the field of disability and the general practice of speech pathology. Kathryn has worked in private practice, schools, community health and the not for profit sector. It has been her absolute pleasure to offer speech pathology services for Fabic since 2014.



Further information about Kathryn is available at
www.fabic.com.au/about-us/kathryn-maroney

For more information about the speech pathology services offered through Fabic or to book an appointment, please contact Fabic by phone on (07) 5530 5099 or email at info@fabic.com.au

Speech Pathology — Assessments & Reports

Fabic offers the following assessments as part of its speech pathology service:

- **Language Assessments —**

Formal, standardised assessments of receptive language (the ability to process and understand spoken sentences) and expressive language (the ability to use words and sentences to express oneself effectively). These assessments are available for people from three up to 21 years of age.

Fabic also offers informal assessments to people of all ages to gain a detailed understanding of the capacity that a person has for understanding communication from others and expressing themselves through the use of words and sentences compared to how much of this potential they are activating and applying in their everyday life.

- **Problem-Solving Assessments —**

Formal, standardised assessments of problem-solving which refers to the skills required for interpreting, understanding and responding to what is presented to a person across all settings, tasks and interactions. Standardised assessments of problem-solving skills are available for people from five up to 12 years of age.

Informal assessments of problem-solving are also offered to people across all age ranges. These assessments offer an understanding of a person's capacity for problem-solving compared to the degree to which they are accessing and applying these skills in their everyday life.

- **Literacy Assessments —**

Informal assessments of reading and writing which support in understanding where a person is having difficulty learning to read and write and pinpointing the reason why they are experiencing this difficulty.

This assessment offers the understanding required to make a plan to address the blockage that is affecting the person's ability to develop their reading and writing.

- **Assessments of Social Skills and Pragmatic Language —**

'Pragmatic language' and 'social skills' are both terms used to describe the collection of skills needed for successful social interactions. Fabic offers this service as an informal assessment that typically involves:

- a) a detailed interview with the person and a carer or parent who knows them well.
- b) interaction with the person in the clinic setting.
- c) observation of the person in another setting with their peers where needed.

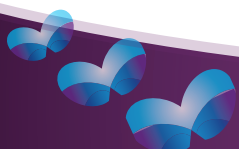
This assessment can support an understanding of where people are having difficulty interacting and forming and maintaining relationships successfully and can then be used to assist with therapy planning.

- **Stuttering Assessments —**

Stuttering assessments involve an interview with the person and/or their parent or carer followed by observation and informal assessment of the person in conversation. This assessment can be used to gain an understanding of the particular presentation of a person's stutter to support planning for how to address it through therapy. For young children, this process can also be used to determine whether their disfluency is in fact a stutter or an age appropriate part of their developing communication.

- **Speech Assessments —**

Formal and informal assessments can be offered to support in understanding why a person is having difficulty producing clear speech.



Speech Pathology — Assessments & Reports

- **Voice Assessments —**

Assessments are available to investigate difficulties producing clear voice and for planning therapy when a person has been referred for support with a diagnosed voice disorder. Where appropriate, we can work in conjunction with WorkCover to offer these assessments.

- **Augmentative and Alternative Communication (AAC) Assessments —**

AAC refers to an alternative means of communicating that is introduced for a person with little to no functional speech. These assessments include examining the degree to which the person has the foundational communication skills to communicate intentionally using AAC and which form of alternative communication system will be most appropriate. These assessments frequently include a trial of various AAC options in the person's everyday life.

Assessment Costs

In order to offer a fully customised assessment process for each person, all speech pathology assessments are charged per session required to complete them, at our standard session prices. The number of sessions required and total price are discussed with the family prior to commencing the assessment.

National Disability Insurance Scheme (NDIS) funding can be used to access these assessments as well as Medicare plans and private health insurance. We are also able to work in conjunction with WorkCover to offer voice assessments.

Reports

Fabic's Speech Pathology Service is able to offer a variety of basic and more detailed reports of assessment findings and for a variety of other purposes, including educational reports and NDIS review reports.

Locations

Speech pathology assessments are available at the Fabic Brisbane and Gold Coast clinics as well as via our mobile service to Beaudesert, Brisbane, the Gold Coast and Lismore, in the client's home or other relevant personal setting. Some assessments can be fully or partially delivered online via Zoom or Skype.

Meet Kathryn — Our Lead Speech Pathologist

Kathryn Maroney is the lead speech pathologist at Fabic. Kathryn has extensive experience working in the field of disability and the general practice of speech pathology. Kathryn has worked in private practice, schools, community health and the not for profit sector. It has been her absolute pleasure to offer speech pathology services for Fabic since 2014.



Further information about Kathryn is available at
www.fabic.com.au/about-us/kathryn-maroney

For more information about the speech pathology assessments offered through Fabic or to book an appointment, please contact Fabic by phone on (07) 5530 5099 or email at info@fabic.com.au

Speech Pathology — Language Services

'Language' is the term used to describe a person's ability to communicate using spoken or written words. There are two aspects of language:

Receptive Language — the ability to understand what is said to you by others

Expressive Language — the ability to use words and sentences to express yourself

There is a broad spectrum of difficulties that people across the age range can experience with language. Some examples include:

- Young children who are late to begin speaking.
- People who are able to speak but have difficulty doing the following with the same ease and effectiveness as their age peers:
 - Following instructions and understanding conversational speech
 - Participating effectively in back and forth conversation
 - Sharing their thoughts and experiences in a well organised, systematic way
 - Answering questions
- People who may be able to write and spell but have difficulty working out what to say and how to formulate their thoughts into a written narrative.
- People of all ages who may not speak or who have minimal verbal and/or written communication.

Basically, anyone who is not able to easily and effortlessly understand what is said to them by others or communicate easily for all purposes in their turn, could potentially have an expressive and/or receptive language difficulty.

Language delays and disorders can be very successfully treated, provided that the person is open to working on the development of their skills and provided that they have someone who is able to work with them on practising and applying their skills in everyday life at least five days per week. It is never too late to develop receptive and/or expressive language skills. Once a person gets into their 50s and 60s, it can at times take longer and require more practice to develop these skills than it would have in their younger years. **However, if the person is willing and has sufficient support to work on the skills, the majority of people, no matter how severe their language difficulty, can improve these skills at any point in their life.**

Assessment & Treatment of Language Difficulties at Fabic

Fabic offers formal standardised assessments of receptive and expressive language as well as higher-level language (also known as problem-solving). We also offer informal assessments to help identify a person's capacity for receptive and expressive language compared to what they are currently accessing and applying in their everyday life.

We are able to offer interventions to support people from infants right up to older adults to develop their language skills. These sessions can be offered from our Gold Coast and Brisbane clinics, on site in the person's own setting via our mobile service to Brisbane, the Gold Coast, Beaudesert and Lismore and other locations on request or online via Zoom or Skype.

Medicare plans, private health insurance and National Disability Insurance Scheme (NDIS) funding can be used to support access to these services.

Meet Kathryn — Our Lead Speech Pathologist

Kathryn Maroney has been offering speech pathology services through Fabic since 2014 and has a wealth of experience to offer across the scope of speech pathology practice. Kathryn has worked in private practice, schools, community health and the not for profit sector.

For more information about Kathryn, please visit www.fabic.com.au/about-us/kathryn-maroney.



For more information about the language services that Fabic can offer or to book an appointment, please contact Fabic by phone on (07) 5530 5099 or email at info@fabic.com.au

Speech Pathology — Auditory Processing Services

Auditory processing is the ability for a person to take in and filter through spoken speech from others so that they are able to then recognise and understand what has been said. A person who has strong auditory processing skills can listen to conversational speech, a lecture or instructions, actively recognise and process each word and concept being delivered and do this fast enough to keep up with the pace that the information is being delivered. For people who have particularly strong skills in this area, they are able to maintain this level of processing, whilst also completing other tasks, such as taking notes or discharging other duties.

People who do not have strong auditory processing skills can vary in the degree to which they are able to take in and process what is said to them. In the case of a mild difficulty, a person may only need to concentrate harder on what has been said when there is background noise. In more severe cases, as can happen with some intellectual disabilities, the person, at that time, may not be able to process even a single word that is said to them.

Weaknesses in the area of auditory processing can affect a person's ability to interact socially (especially in public places and with more than one person), to learn in a school, higher education or workplace setting, to interact for the purpose of completing tasks in a workplace and numerous other aspects of life.

Developing Auditory Processing Skills

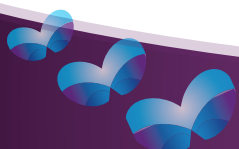
In most cases, a person can very successfully develop auditory processing skills. The degree to which they can develop these skills varies between people. At Fabic, an auditory processing intervention will typically involve progressively teaching the person to process more words and ideas within sentences, while also supporting them to deepen their ability to engage and focus on what is being said; then teaching them to apply these skills and process large chunks of information when delivered in conversational speech and with background noise and other distractions. The intervention is a program that builds the foundational skills and then supports the person to take those skills out and apply them successfully in life.

In many cases, as a person's auditory processing skills develop, there is also a spontaneous increase in their ability to express themselves verbally as well.

OF NOTE — Auditory processing skills can be very successfully developed, but they require daily focussed practice sessions in order for the uptake of these skills to be successful. As such, before commencing an auditory processing intervention, we would typically encourage people to establish networks of support that will support the person to have someone practise with them on a daily basis and consistently throughout the duration of the intervention.

Auditory Processing Interventions at Fabic

Fabic offers programs and interventions to support people from three years of age right throughout adulthood. We support those who would like support to fine tune their ability to hear what has been said to them in public places or in the classroom, right through to people with disabilities who will begin by learning to process single words and build up from there.



Speech Pathology — Auditory Processing Services

Location & Funding Options

Sessions are offered at our Gold Coast and Brisbane clinics as well as in the client's setting via our mobile service to Beaudesert, Brisbane, Lismore, the Gold Coast and other locations where possible. In most cases, these skills can also be very successfully developed via online sessions.

National Disability Insurance Scheme (NDIS) funding, Medicare plans and private health insurance can be used to support access to these programs.

Meet Kathryn — *Our Lead Speech Pathologist*

Kathryn Maroney is the lead speech pathologist at Fabic. Kathryn has extensive experience working in the field of disability and the general practice of speech pathology. Kathryn has worked in private practice, schools, community health and the not for profit sector. It has been her absolute pleasure to offer speech pathology services for Fabic since 2014.



Further information about Kathryn is available at
www.fabic.com.au/about-us/kathryn-maroney

For more information about the support Fabic can offer for auditory processing or to make an appointment, please contact Fabic by phone on (07) 5530 5099 or email at info@fabic.com.au



Speech Pathology — Executive Functioning & Problem-Solving Services

Executive functioning and problem-solving are essential skills for life. In fact, they are the road that connects all the key points in a person's day, week and life! There are many brilliant and very capable people who are not able to realise their potential because they do not have these skills that allow them to bring out their abilities in other areas. When you say 'essential skills for life' these two are top of the list!

- **Executive Functioning —**

Executive functioning refers to all the small sub-skills needed for independence, organisation, taking initiative and planning and executing a course of action. This is a broad basket of skills and some examples include: sequencing, breaking down tasks into their component steps, prioritising, formulating concepts around time and how long a task will take or period will last. *It is quite common for very capable people to struggle to demonstrate and realise the full potential of their strengths due to their weaknesses in executive functioning.*

For example, an articulate, highly intelligent person who doesn't have strong executive functioning skills may be able to ace a maths or science test but cannot get themselves organised to leave for school on time in the morning with all the things they need for the day packed in their bag. This same individual may use significant unwanted behaviours when asked to do a writing task, because, though they may have many excellent ideas, they are not able to break the task down and work out how to move systematically through it; they can't formulate a clear concept of how long the task will take them – hence, it can seem like they will literally be at the task forever and be so overwhelmed, they can't even make a start.

- **Problem-Solving —**

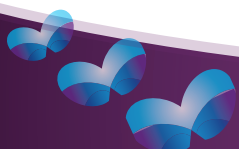
Problem-solving skills are technically a type of higher-level language skill. These are the skills required for interpreting and responding to whatever is presented to a person in a setting, interaction, task or with their own body throughout the day. We are constantly applying problem-solving skills to interpret and understand what is going on around us and to formulate and deliver our next move in response. *This is why people who do not have strong problem-solving skills frequently struggle with change and can be quite insistent on routines and expectations remaining the same – because they do not have the skills to rapidly and easily come to an understanding of the change, what it means for them and then work out how to adapt.*

A classic example of this is when a child has a substitute teacher in their classroom at school. The students who have strong problem-solving skills can smoothly and effortlessly process all the minute differences in how the new teacher will run the day compared with their regular teacher and adapt accordingly. Students who do not have strong problem-solving skills can become highly anxious when they have a substitute teacher, because they do not have the skills to interpret and adapt to all the small differences and changes that will be presented to them throughout the day as a result of this new teacher leading the class.

Incidentally, these skills are also essential for successful social interactions.

Support for Executive Functioning & Problem-Solving Skills at Fabic

The above skills can be very successfully taught and people can get to the point of using and applying them independently and naturally. At Fabic we offer speech pathology interventions to support with the development of these executive functioning and problem-solving skills. Each program is personalised for the individual and their particular circumstances



Speech Pathology — Executive Functioning & Problem-Solving Services

OF NOTE — *These skills are most effectively taught when the person is supported to apply the skills in their everyday life, continually so. This requires a daily commitment on the part of the key adults or support people who are with the individual day-to-day. Without this consistency of support, the person may develop the key skills but will not transition to using them independently and successfully in their everyday life. As such, we recommend that families consider when the best timing would be to introduce these interventions, i. e. when there will be support available for the person to develop and apply the skills in their everyday life.*

As the family and/or support team for the person are such a key part of this intervention, we also offer training sessions for those who will be working with the individual in everyday life where needed.

Medicare plans, private health insurance and National Disability Insurance Scheme (NDIS) plans can be used to support access to these interventions.

Executive functioning and problem-solving interventions are available at the Fabic Brisbane and Gold Coast clinics as well as in the client's home or other relevant setting via our mobile service to Beaudesert, Brisbane, Lismore, the Gold Coast and other locations as well as online via Zoom or Skype.

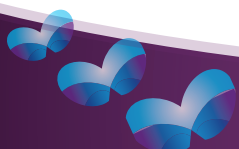
Meet Kathryn — Our Lead Speech Pathologist

Kathryn Maroney is the lead speech pathologist at Fabic. Kathryn has extensive experience working in the field of disability and the general practice of speech pathology. Kathryn has worked in private practice, schools, community health and the not for profit sector. It has been her absolute pleasure to offer speech pathology services for Fabic since 2014.



Further information about Kathryn is available at
www.fabic.com.au/about-us/kathryn-maroney

For more information about the Fabic executive functioning and problem-solving interventions or to book an appointment, please contact Fabic by phone on (07) 5530 5099 or email at info@fabic.com.au



Speech Pathology — Stuttering Services

Fabic offers assessment and treatment to people of all ages who are experiencing stuttering. Every intervention for stuttering is completely unique. While there are standard tools and techniques used to support the person to develop fluent speech, the circumstances surrounding the stuttering also need to be addressed and incorporated into the delivery of the intervention. As such, each program at Fabic for a person who stutters is highly personalised and individual.

Stuttering Interventions at Fabic

At Fabic, we offer stuttering interventions through a series of 1:1 sessions. The length of the intervention varies between people, with some only requiring one or two sessions and others attending regularly over a longer period of time.

The length of the intervention depends on:

- a) the severity of the stutter.
- b) how easily the person adapts to using the tools presented to shift the stutter and begin speaking with ease.
- c) the consistency with which the person and their support team are able to apply and develop the tools taught in the sessions in their everyday life.

Location & Funding Options

National Disability Insurance Scheme (NDIS) funding, Medicare plans and private health insurance can be used to support access to these programs.

Stuttering interventions are available at the Fabic Brisbane and Gold Coast clinics as well as in the client's home or other relevant setting via our mobile service to Beaudesert, Brisbane, Lismore, the Gold Coast, other locations and online via Zoom or Skype

Meet Kathryn — Our Lead Speech Pathologist

Kathryn Maroney is the lead speech pathologist at Fabic. Kathryn has extensive experience working in the field of disability and the general practice of speech pathology. Kathryn has worked in private practice, schools, community health and the not for profit sector. It has been her absolute pleasure to offer speech pathology services for Fabic since 2014.



Further information about Kathryn is available at
www.fabic.com.au/about-us/kathryn-maroney

For more information about the Fabic stuttering interventions or to book an appointment, please contact Fabic by phone on (07) 5530 5099 or email at info@fabic.com.au

Speech Pathology — Social Skills Services

'Social skills' is the term used to describe the collection of skills required for successful interactions with other people across all contexts and settings as well as the skills needed for forming and maintaining relationships. Strong social skills are required for every type of interaction — both for interactions with a single other person as well as interactions in groups, within families and participation in workplaces and as part of communities.

As we are rarely not involved with other people in some capacity, they are an essential skill for successful participation across all settings and aspects of life.

People who do not have strong social skills will frequently have difficulty realising their potential in other areas, due to not having the required skills to participate successfully in the interactions involved in that task or aspect of life. For example, a person who is passionate and skilled at a particular interest or profession will inevitably need to engage in group tasks as part of their education in order to obtain the certification or level of achievement to then take that interest as far as they would like to. There may be practical sides to that person's training which involve interactions with other people, or they may need to work as part of teams within the job or in pursuit of their interest. In many cases, people who would otherwise excel in their chosen area do not have the opportunity to do so, due to not being able to interact successfully and appropriately with others along the way. As such, social skills are an essential tool to enable people to pursue and succeed in their chosen endeavours in life, no matter how individualised those endeavours may at first appear.

In addition, it is extremely rare to find a person who genuinely does not seek to have meaningful interactions and relationships with others. People who find this challenging may withdraw when they find interactions to be difficult and say that they don't wish to spend time with others. However, these same people will usually give some indication, no matter how small, that their withdrawal is not in fact due to not wanting relationships but to finding relationships to be too hard and having failed to initiate and maintain them in the past.

Hence, for the majority of people, no matter their circumstances in life, having the skills to access the interactions and relationships they seek greatly enriches their quality of life.

Social Skills Interventions at Fabic

Fabic offers a range of options to support people of all ages to develop effective social skills for life. These include:

- **Programs of Individualised Sessions —**

We offer interventions through a program of individualised 1:1 sessions to assist the person to develop specific individual skills and support them to take these skills out into application in their everyday life. These are a great foundation and we typically recommend including these sessions as part of any intervention.

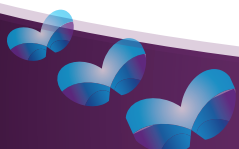
- **Social Skills Pairs or Groups —**

These groups or pairings are put together to address the specific needs of the people involved. The format of the group is then designed around the specific goals and needs of the people participating.

Social skills groups are available for children, teenagers and adults.

- **Conversation Skills Groups —**

Specific conversation skills groups are offered for older children, teenagers and adults. They are offered as groups and pairings and can be delivered as face to face sessions or online via Zoom or Skype where this format will support the participants.



Speech Pathology — Social Skills Services

- **Family Sessions —**

Sometimes there is a need for supporting individuals to develop the specific skills to interact and maintain relationships specifically within their family. This can be the case particularly with siblings. We are able to offer a series of sessions to families to introduce and begin using target skills with each other and then assist them to take these skills out for application in their everyday life.

- **On-site Support —**

Sometimes the most supportive way for a person to develop their social skills is to have online coaching in their most challenging environment. This can be particularly effective for pre-school and primary school aged children who benefit from having online coaching during their lunchtime or other key play times at their school or pre-school.

There are times when a combination of the above formats can be supportive for the person. As they will inevitably require support and prompting to transfer the skills taught as part of their intervention into practice in their everyday life, training for the person's family or support team can also be organised where needed. In order to gain an understanding of the person's needs and how we can best support them, we will always book new clients in for an initial 1:1 consultation before commencing any programs.

Medicare plans, private health insurance and National Disability Insurance Scheme (NDIS) plans can also be used to support access to these services.

Locations

Social skills interventions are available at the Fabic Brisbane and Gold Coast clinics, as well as in the client's home or other relevant setting via our mobile service to Beaudesert, Brisbane, Lismore, the Gold Coast, other locations and online via Zoom or Skype.

Meet Kathryn — *Our Lead Speech Pathologist*

Kathryn Maroney is the lead speech pathologist at Fabic. Kathryn has extensive experience working in the field of disability and the general practice of speech pathology. Kathryn has worked in private practice, schools, community health and the not for profit sector. It has been her absolute pleasure to offer speech pathology services for Fabic since 2014.



Further information about Kathryn is available at
www.fabic.com.au/about-us/kathryn-maroney

For more information about the social skills services on offer at Fabic or to book an appointment, please contact Fabic by phone on (07) 5530 5099 or email at info@fabic.com.au

Speech Pathology — Speech Clarity Services

There are numerous reasons why a person may have difficulty producing their speech clearly. These can include, but are not limited to:

- The person's speech sounds still developing.
- Being able to say the speech sounds, but not having consolidated the rules around how to use them consistently between different words.
- Difficulties with the brain transferring the message for how to produce the sounds to the mouth.
- Anatomical reasons, such as being born with a cleft lip or palate.
- People who have experienced a stroke or brain injury.

The main groups of people who experience difficulties producing clear speech are:

- Children under six years of age.
- People of all ages with varying disabilities.
- People of all ages who have experienced traumatic brain injury.
- Older adults who have experienced strokes or other neurological or degenerative conditions.

There is a lot that can be done to support people in all of the above categories to develop the clarity of their speech. There are simple and very effective techniques that can be used to facilitate this development; however, every person seeking to develop the clarity of their speech will require these tools to be adapted and personalised to best support them to connect with what is being presented.

Support for Speech Clarity at Fabic

At Fabic we offer personalised interventions to support the development of clear, functional speech. This is something that is most effectively developed through 1:1 sessions. The number and frequency of sessions required varies between people.

OF NOTE — *When considering support for a person in developing the clarity of their speech, in order for the intervention to be effective it is important to be aware that it requires consistent practice at least five days per week as well as prompting them to apply the skills taught in their everyday life. Without this support, progress will be slow and inconsistent and without regular practice an intervention will extend much longer than otherwise needed. As such, we typically recommend that families consider the timing of the intervention and look at commencing when there is scope in the family's daily life to follow up with the level of practice and prompting required.*

National Disability Insurance Scheme (NDIS) funding, Medicare plans and private health insurance can be used to support access to these programs.

Interventions for speech clarity are available at the Fabic Brisbane and Gold Coast clinics, as well as in the client's home or other relevant setting via our mobile service to Beaudesert, Brisbane, Lismore, the Gold Coast and other locations and online via Zoom or Skype.

Meet Kathryn — Our Lead Speech Pathologist

Kathryn Maroney has been offering speech pathology services through Fabic since 2014 and has a wealth of experience to offer across the scope of speech pathology practice. Kathryn has worked in private practice, schools, community health and the not for profit sector.

For more information about Kathryn, please visit www.fabic.com.au/about-us/kathryn-maroney.



For more information or to book an appointment, please contact Fabic by phone on (07) 5530 5099 or email at info@fabic.com.au

Speech Pathology — Accent Modification Services

People who speak with an accent that is foreign to the country they are living in, may speak the language of that country very successfully but with an accent that the people around them cannot easily understand. This can, unfortunately, make it difficult for them to interact socially, build relationships and participate effectively in their workplace or community. In these cases, accent modification can be used to support the person to reduce their accent and speak the language of the country they are living in with pronunciation closer to that of native speakers. This also supports them to engage more successfully and easily out in the community and form relationships.

In accent modification therapy, the speech pathologist maps the patterns of the way the person is currently pronouncing words in the language of the country they are living in to systematically reduce the influence of the foreign accent and shape their pronunciation to be closer to that of the target language. This process can be highly successful, but the length of an intervention varies depending on the following factors:

- How easily the person is able to hear the difference in the details of the way they are pronouncing words compared to the way that native speakers pronounce the same words.
- How consistently the person is able to practise their speech and apply the techniques that have been taught in between sessions.
- The degree to which the person's accent is influencing their production of the target language.

Accent Modification Therapy at Fabic

Fabic offers accent modification programs for people attempting to reduce the influence of a foreign accent on their production of English. These interventions are offered as a series of 1:1 sessions.

In the initial session, the way in which the person's accent is influencing their production of English is mapped and this is used to give the person a rough estimate of the duration of the intervention. This will of course also be influenced by the person's ability to hear the difference between the way they produce English speech and the way in which native speakers do and also by how frequently and consistently they are able to practise and apply the techniques taught in the sessions.

Private health insurance can be used to support access to these sessions. Accent modification programs are available at the Fabic Brisbane and Gold Coast clinics, as well as in the client's home or other relevant setting via our mobile service to Beaudesert, Brisbane, Lismore, the Gold Coast, other locations and online via Zoom or Skype.

Meet Kathryn — Our Lead Speech Pathologist

Kathryn Maroney has been offering speech pathology services through Fabic since 2014 and has a wealth of experience to offer across the scope of speech pathology practice. Kathryn has worked in private practice, schools, community health and the not for profit sector.



Further information about Kathryn is available at
www.fabic.com.au/about-us/kathryn-maroney

For more information about accent modification services offered through Fabic or to book an appointment, please contact Fabic by phone on (07) 5530 5099 or email at info@fabic.com.au

Speech Pathology — Augmentative & Alternative Communication Services

Augmentative and Alternative Communication (AAC) is the term used to describe any tools used to support a person to communicate with little or no functional use of their verbal speech. AAC can be used to supplement or assist a person with a low level of verbal speech to communicate or it can replace verbal speech entirely.

There is a range of AAC options to support people with no verbal speech, a low level of verbal speech and people who are able to speak in full sentences but may have difficulty using this ability at certain times. These include:

- **Low-Tech AAC Options —**

Low-tech AAC options include:

- Pointing to pictures to communicate.
- Using a system of selecting pictures from a board or book and handing them to another person to communicate.
- Signing as a means of communicating — this can include signing single key words or using signs to communicate more detailed messages.

For each of these options, there are many different systems that can be implemented to meet a person's specific communication needs.

- **High-Tech AAC Options —**

High-tech AAC options include:

- iPad apps that will speak single words, phrases or sentences for a person when they select pictures and/or words.
- Dedicated devices of varying sizes and configurations that speak for a person when they select pictures or words.

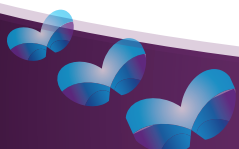
Each of these supports has numerous different settings and options for organising and displaying the pictures that the person interacts with in order to communicate. These devices can also be fully customised to support a person's particular communication needs.

AAC Support at Fabic

At Fabic we offer a full, comprehensive process of introducing an AAC support into a person's life. This includes:

- An assessment of the person's foundational communication skills and support to develop these skills, where needed, so that they are able to access and make use of an AAC option effectively once it is introduced.
- Trialling various options, including borrowing communication devices from the distributors as required.
- Teaching the person how to use the device and transfer these skills into use in their everyday life.
- Training the significant people in the person's life in the use and maintenance of the AAC support and how to assist them to develop the skills to use it successfully in their everyday life.

OF NOTE — *In order for an AAC option to be successful, the person will require the adults in their life, at least in their home setting and in their school or day setting as well, to work with them on a daily basis to develop the skills to communicate using the AAC solution and to transfer these skills into full use in their everyday life. As such, we would typically encourage people to wait until they are able to access this consistency of support over a six to 12-month period before introducing an AAC option.*



Speech Pathology — Augmentative & Alternative Communication Services

Location and Funding Options

We are able to offer AAC assessments and interventions at our Gold Coast and Brisbane clinics, as well as in the client's home or other relevant setting via our mobile service to Beaudesert, Brisbane, Lismore, the Gold Coast, other locations and online via Zoom or Skype.

National Disability Insurance Scheme (NDIS) funding can be used to support access to these sessions and also to purchase the AAC solution. For options over \$1500, the person will require in many cases a formal request to be submitted to the NDIS via their speech pathologist that provision be made for funding the AAC solution.

Private health insurance and Medicare plans can likewise be used to support access to AAC services.

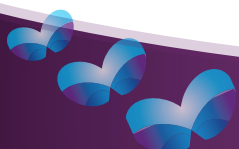
Meet Kathryn — *Our Lead Speech Pathologist*

Kathryn Maroney is the lead speech pathologist at Fabic. Kathryn has extensive experience working in the field of disability and the general practice of speech pathology. Kathryn has worked in private practice, schools, community health and the not for profit sector. It has been her absolute pleasure to offer speech pathology services for Fabic since 2014.



Further information about Kathryn is available at
www.fabic.com.au/about-us/kathryn-maroney

For more information about the AAC services offered through Fabic or to book an appointment, please contact Fabic by phone on (07) 5530 5099 or email at info@fabic.com.au



Speech Pathology — Literacy Services

It is very rare for a person to not be capable of learning to read or write. Even people with intellectual and other disabilities are often able of developing a functional level of reading and writing if the time and resources are made available to facilitate this.

When a person has difficulty learning to read and write, it is typically because there is a blockage to them learning these skills. Reading and writing are actually quite simple skills, but there is a lot that can get in the way of people learning them. This is important to understand. When people have difficulty learning to read and write, they often begin believing that they are 'dumb,' or not as smart as their contemporaries who pick the skills up with greater ease. This could not be further from the truth, but unfortunately, it is a misconception that can shape the careers, confidence and self-image of many people who don't pick up reading and writing easily at school.

People who experience difficulty learning to read and write can be supported to identify and address their individual blockages to reading and writing. From here, they will typically require support to catch up to their age peers in their understanding and application of the rules of reading and spelling and to develop their ease and fluency with literacy.

Literacy Assessment & Interventions at Fabic

At Fabic we can offer assessment and therapy for people of all ages and presentations who have difficulty learning to read and write. These interventions are typically offered as a series of 1:1 sessions from our Gold Coast or Brisbane clinics, as well as in the client's home or other relevant setting via our mobile service to Beaudesert, Brisbane, Lismore, the Gold Coast, other locations and online via Zoom or Skype. We are also able to work closely with the person's school and other educational supports.

Literacy interventions require regular practice between sessions in order to be effective. We recommend that people consider when the best time will be to commence a literacy intervention, given the degree and continuity of follow up needed in between sessions for the person to develop their skills effectively and transfer these into use in their everyday life.

Medicare plans, private health insurance and, in some cases, National Disability Insurance Scheme Funding (NDIS) can be used to support access to these literacy services.

Meet Kathryn — Our Lead Speech Pathologist

Kathryn Maroney has been offering speech pathology services through Fabic since 2014 and has a wealth of experience across the scope of speech pathology practice. Kathryn has worked in private practice, schools, community health and the not for profit sector.

Further information about Kathryn is available at
www.fabic.com.au/about-us/kathryn-maroney



For more information about the literacy services on offer at Fabic or to book an appointment, please contact Fabic by phone on (07) 5530 5099 or email at info@fabic.com.au

Speech Pathology — Voice Services

There are a number of circumstances that can lead to a variety of difficulties producing voice. This is not a person's ability to pronounce words and sounds clearly, but the quality of their voice when they speak.

People who have a vocal injury from strain or long-term overuse of their voice will experience various difficulties, including changes to the sound of the voice or losing their voice easily after even a small amount of speech for the day. This is the most common voice disorder. However, it is possible to contract other types of voice disorders, some of which affect the nerves that go to the vocal chords and others that occur for difference reasons, such as changes (for various reasons) to the tissue of the vocal chords.

Voice therapy can be very successful in rehabilitating people's voice after it has been damaged and also supporting them to return to a functional voice when they have other voice disorders.

Voice Assessment & Therapy at Fabic

At Fabic we offer assessment and therapy for voice difficulties, injuries and disorders for people of all ages. We are able to work in conjunction with other treating professionals, such as surgeons and ear, nose and throat specialists in order to support people to rehabilitate their voice.

Medicare plans, private health insurance, WorkCover and National Disability Insurance Scheme (NDIS) funding, can be used to support access to voice services.

Voice interventions are available at the Fabic Brisbane and Gold Coast clinics, as well as in the client's home or other relevant setting via our mobile service to Beaudesert, Brisbane, Lismore, the Gold Coast, other locations and online via Zoom or Skype.

Meet Kathryn — Our Lead Speech Pathologist

Kathryn Maroney is the lead speech pathologist at Fabic. Kathryn has extensive experience working in the field of disability and the general practice of speech pathology. Kathryn has worked in private practice, schools, community health and the not for profit sector. It has been her absolute pleasure to offer speech pathology services for Fabic since 2014.



Further information about Kathryn is available at
www.fabic.com.au/about-us/kathryn-maroney

For more information about the voice services on offer at Fabic or to book an appointment, please contact Fabic by phone on (07) 5530 5099 or email at info@fabic.com.au

Speech Pathology — Classroom, School & Learning Support Services

Many children and teenagers find the classroom and the school environment challenging – some more obviously so than others. There can be a range of different reasons why a person may not learn or participate easily in the school setting and tasks including, but not limited to:

- Having difficulties with the skills required for working through tasks independently.
- Having difficulties with the organisation skills required for keeping track of personal materials, due dates and completing assignments.
- Having difficulty processing spoken speech, especially when the person needs to manage distractions and background noise.
- Having difficulty interpreting and responding to moment-to-moment occurrences and changes within the school environment.
- Having difficulty determining how long a task or period of time is likely to last for.
- Becoming anxious when presented with a task they perceive to be difficult.
- Having difficulty transitioning successfully between different tasks and parts of the day.
- Having difficulty participating successfully in less structured parts of the day, such as free time or breaktimes.
- Having difficulty participating in tasks that they do not enjoy.
- Having difficulty adapting to changes of expectations and routines.

... to name but a few.

Sometimes it is not obvious which aspect/s of school the student is having difficulty with. This may come out in their behaviours at school or they may show no signs of difficulty at school but have a meltdown when they get home – releasing the anxiety they have been holding on to all day.

Once the specific aspects of school and learning that a student is finding challenging have been identified, there are typically numerous practical adjustments and supports that can be introduced to help them participate more easily and successfully in the school setting and significantly reduce their anxiety and the use of any unwanted behaviours. In addition, the student can be taught foundational skills so that, longer-term, they have the ability to participate successfully in settings and tasks with similar requirements.

Classroom, School & Learning Supports at Fabic

At Fabic we offer support to help schools and families identify the aspects of the school setting that a person may be finding challenging and which they perceive they do not yet have the required skills to respond to. This is typically through an interview with the student's parents and teachers and meeting with the student themselves, in addition to observing him or her in the school environment.



Speech Pathology — Classroom, School & Learning Support Services

Following this assessment, a meeting can be organised with the school, family and any other stakeholders to present an understanding of:

1. *the aspects of the school setting that the person is having difficulty with*
2. *which foundational skills they will need support to develop and*
3. *what adjustments and tools could be introduced to support their participation in the school setting.*

These findings and recommendations can also be documented in a report if required. If needed, follow up meetings and/or staff training can also be organised to assist the school in supporting the student.

This service is open to schools on the Gold Coast, in Brisbane, Lismore, Beaudesert and, where possible, also schools outside of these areas. There is also scope for these services to be partially offered via Zoom or Skype.

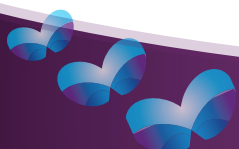
Meet Kathryn — Our Lead Speech Pathologist

Kathryn Maroney is the lead speech pathologist at Fabic. Kathryn has extensive experience working in the field of disability and the general practice of speech pathology. Kathryn has worked in private practice, schools, community health and the not for profit sector. It has been her absolute pleasure to offer speech pathology services for Fabic since 2014.



Further information about Kathryn is available at
www.fabic.com.au/about-us/kathryn-maroney

For more information about the classroom, school and learning services on offer at Fabic or to book an appointment, please contact Fabic by phone on (07) 5530 5099 or email at info@fabic.com.au



Speech Pathology — Autism & Disability Consultancy Services in Schools

Students with disabilities frequently find the school environment to be the most challenging of all settings. This is because there are numerous factors associated with the school environment that students with disabilities perceive they do not yet have the required skills to respond to. Common examples include:

- Being asked to do tasks that they perceive to be difficult or that they are not interested in.
- Difficulty interacting socially with the other students and forming friendships.
- Difficulty understanding and responding to actions of other students, such as not following the rules and not allowing the person with a disability to go first or choose the game to be played.
- Sensory factors associated with the classroom and other settings within the school.
- Not being able to easily determine how long tasks such as waiting, mat time and class work will last.
- Change of routine and inconstancy within their day.
- Not knowing what to expect throughout the day.
- Transitioning between different parts of the day.

Fabic Behaviour Specialist Centre is offering a service to upskill and equip schools to support students with autism and other disabilities. This service supports the teachers to understand and respond to the needs of their students within the school, as well as training and coaching them to be able to understand and support students with disabilities and unwanted/non-preferred behaviours ongoingly.

Our aim in providing this service is to support schools with the skills to see true and lasting changes in the ability of their students with disabilities to participate and succeed in the school environment. Our aim is to make our job redundant – that is, to upskill school staff to feel equipped to understand and support students with disabilities, both now and into the future.

The Model

Fabic will work closely with schools to design a service that is tailored specifically to their needs. The service can include:

- An initial meeting with key staff members to determine the specific needs of the school and students identified.
- Meetings for each student identified for support by their classroom teacher and parents – to gather information, offer recommendations and make plans for how to support them in the classroom and in the development of key skills.
- Assessment and observation of the students in the classroom.
- Practical and specifically tailored professional development sessions for school staff.
- 1:1 or group coaching for staff in the development of key skills for understanding and working with students with additional needs.
- Supporting school staff to establish sustainable programs, such as lunchtime modules for those who struggle with social interactions and effective social and group skill programs to build essential skills for the classroom.
- Training teacher's aides in how to work with students in a way that supports their independence and skill development.

This service can extend over a longer period of time, with monthly visits to support staff in the implementation of plans made for students and reviewing and refining the skills taught in the coaching and professional development sessions.

Speech Pathology — Autism & Disability Consultancy Services in Schools

Costs

The cost of this service is determined based on the specific requirements of the school – *please contact Fabic reception to request a quote.*

Days/Times

To be arranged in consultation with the school.

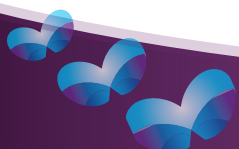
Meet Kathryn — *Our Lead Speech Pathologist*

Kathryn Maroney is the lead speech pathologist at Fabic. Kathryn has extensive experience working in the field of disability and the general practice of speech pathology. Kathryn has worked in private practice, schools, community health and the not for profit sector. It has been her absolute pleasure to offer speech pathology services for Fabic since 2014.



Further information about Kathryn is available at
www.fabic.com.au/about-us/kathryn-maroney

For more information about the Autism and Disability Consultant services on offer at Fabic or to book an appointment, please contact Fabic by phone on (07) 5530 5099 or email at info@fabic.com.au



Speech Pathology — Employment Skills Services

There are many people, from teenagers right through to older adults, who would very much like to work but do not have the required skills to enter the workforce without assistance. This is often the case for people with disabilities and those with additional learning needs. These people have a great deal to bring to a workplace, co-workers and the customers or clientele of that organisation, but frequently do not have the opportunities to access these roles.

The Fabic Employment Skills Services

Fabic offers employment skills services to support people with disabilities and/or additional learning needs to develop the skills needed for the workplace, find and apply for jobs and transition to a role that they are offered. **The service is also able to liaise with the workplace to help them understand the individual needs of the person and how to make adjustments and offer supports in the workplace to assist them to reach their full potential.**

This service begins with an assessment of the person's skills and support needs so that a plan can be made in conjunction with them and their family, for:

- a) how best to support them in the development of the required skills.
- b) planning for the adjustments they may need in the workplace.
- c) determining the type of work that would best suit them.

The person is then supported, through a series of individual sessions, to develop the organisation, problem-solving, communication, social and practical skills required for independence and successful participation in the workplace. As part of this process, they will be supported to learn how to find and apply for jobs, interview for a role and transition to a role they may be offered. Once the person has been offered employment, support is offered, where required, to the organisation to support them to transition the person to their workplace.

Location & Funding Options

This service is available on the Gold Coast, in Brisbane, Beaudesert, Lismore and other areas. Consultations are available at our Gold Coast and Brisbane clinics, in the client's home or other setting and also via Zoom or Skype where appropriate.

National Disability Insurance Scheme (NDIS) funding, Medicare plans and private health insurance can be used to support access to this service.

Meet Kathryn — Our Lead Speech Pathologist

Kathryn Maroney has been offering speech pathology services through Fabic since 2014 and has a wealth of experience across the scope of speech pathology practice. Kathryn has worked in private practice, schools, community health and the not for profit sector.

For more information about Kathryn, please visit
www.fabic.com.au/about-us/kathryn-maroney



For more information about the employment skills service offered at Fabic or to book an appointment, please contact Fabic by phone on (07) 5530 5099 or email at info@fabic.com.au

Speech Pathology — Support Worker Training Services

Fabic is pleased to offer training for support workers of people with disabilities. These training services have two aims:

- 1) To upskill support workers with the skills to make their time with their clients about building skills and developing independence.
- 2) Understanding common support needs for people with disabilities and how to accommodate and adjust for these to assist the person to participate in life, i.e. settings, interactions and tasks, to their full potential.

The format of the training can be customised to suit the needs of the organisation or team being trained. Typically, this model would include an initial training session of two to six hours, depending on the breadth of information the organisation would like to be addressed, followed by a series of shorter training sessions of two hours each.

Offering support over several sessions gives the participants the opportunity to refine and develop their skills over time, resulting in a greater level of skills and confidence with the material presented. The format can be customised to suit the needs of the organisation.

Service Details

We are able to offer Support Worker Training Services at our Brisbane and Gold Coast clinics as well as via our mobile service to Beaudesert, Brisbane, Lismore, the Gold Coast and other locations and areas by arrangement.

Where the training is arranged to support a particular client, National Disability Insurance Scheme (NDIS) funding can be used for the cost of the training.

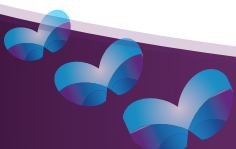
Meet Kathryn — Our Lead Speech Pathologist

Kathryn Maroney is the lead speech pathologist at Fabic. Kathryn has extensive experience working in the field of disability and the general practice of speech pathology. Kathryn has worked in private practice, schools, community health and the not for profit sector. It has been her absolute pleasure to offer speech pathology services for Fabic since 2014.

For more information about Kathryn, please visit
www.fabic.com.au/about-us/kathryn-maroney



For more information about the support worker training service offered at Fabic or to book an appointment, please contact Fabic by phone on (07) 5530 5099 or email at info@fabic.com.au



Mobile Speech Pathology Services

Fabic offers a mobile speech pathology service to the following areas:

- Beaudesert
- Brisbane
- Gold Coast
- Lismore
- Other areas upon request where possible

The full suite of speech pathology services that Fabic offers are available in the above locations, including assessment and therapy for:

- Disability
- Language delays and disorders
- Auditory processing
- Executive functioning
- Problem-solving
- Stuttering
- Social skills
- Clarity of speech
- Accent modification
- Augmentative and alternative communication (AAC)
- Literacy
- Voice

The following services can also be offered in the above locations:

- Classroom, school and learning support services
- Autism and disability consultant services in schools
- Employment service
- Social skills and conversation skills groups

Sessions can be delivered in the client's home, school, workplace or other relevant setting.

National Disability Insurance Scheme (NDIS) funding, Medicare plans and private health insurance can be used to support access to these services.

Meet Kathryn — Our Lead Speech Pathologist

Kathryn Maroney is the lead speech pathologist at Fabic. Kathryn has extensive experience working in the field of disability and the general practice of speech pathology. Kathryn has worked in private practice, schools, community health and the not for profit sector. It has been her absolute pleasure to offer speech pathology services for Fabic since 2014.



For more information about Kathryn, please visit
www.fabic.com.au/about-us/kathryn-maroney

For more information about the mobile speech pathology services offered at Fabic or to book an appointment, please contact Fabic by phone on (07) 5530 5099 or email at info@fabic.com.au