

## Speech Pathology — Speech Clarity Services

There are numerous reasons why a person may have difficulty producing their speech clearly. These can include, but are not limited to:

- The person's speech sounds still developing.
- Being able to say the speech sounds, but not having consolidated the rules around how to use them consistently between different words.
- Difficulties with the brain transferring the message for how to produce the sounds to the mouth.
- Anatomical reasons, such as being born with a cleft lip or palate.
- People who have experienced a stroke or brain injury.

The main groups of people who experience difficulties producing clear speech are:

- Children under six years of age.
- People of all ages with varying disabilities.
- People of all ages who have experienced traumatic brain injury.
- Older adults who have experienced strokes or other neurological or degenerative conditions.

There is a lot that can be done to support people in all of the above categories to develop the clarity of their speech. There are simple and very effective techniques that can be used to facilitate this development; however, every person seeking to develop the clarity of their speech will require these tools to be adapted and personalised to best support them to connect with what is being presented.

### Support for Speech Clarity at Fabic

At Fabic we offer personalised interventions to support the development of clear, functional speech. This is something that is most effectively developed through 1:1 sessions. The number and frequency of sessions required varies between people.

**OF NOTE** — *When considering support for a person in developing the clarity of their speech, in order for the intervention to be effective it is important to be aware that it requires consistent practice at least five days per week as well as prompting them to apply the skills taught in their everyday life. Without this support, progress will be slow and inconsistent and without regular practice an intervention will extend much longer than otherwise needed. As such, we typically recommend that families consider the timing of the intervention and look at commencing when there is scope in the family's daily life to follow up with the level of practice and prompting required.*

National Disability Insurance Scheme (NDIS) funding, Medicare plans and private health insurance can be used to support access to these programs.

Interventions for speech clarity are available at the Fabic Brisbane and Gold Coast clinics, as well as in the client's home or other relevant setting via our mobile service to Beaudesert, Brisbane, Lismore, the Gold Coast and other locations and online via Zoom or Skype.

### Meet Kathryn — Our Lead Speech Pathologist

Kathryn Maroney has been offering speech pathology services through Fabic since 2014 and has a wealth of experience to offer across the scope of speech pathology practice. Kathryn has worked in private practice, schools, community health and the not for profit sector.

For more information about Kathryn, please visit [www.fabic.com.au/about-us/kathryn-maroney](http://www.fabic.com.au/about-us/kathryn-maroney).



For more information or to book an appointment, please contact Fabic by phone on (07) 5530 5099 or email at [info@fabic.com.au](mailto:info@fabic.com.au)