

Autism Spectrum Disorder and Relationships

How to communicate effectively and improve relationships with a person with an ASD

Workshop - written and developed by Tanya Curtis

Overview

With over 15 years experience working with people who have an Autism Spectrum Disorder, Tanya Curtis offers an interactive workshop exploring and developing a means of communicating in a family or workplace when one member (child, partner, family member, friend or colleague) has an Autism Spectrum Disorder.

Tanya understands that although there is no 'right or wrong' way of communicating, people with an ASD often speak and hear a completely different language than their Non ASD (neuro-typical) friends or partners.

This 'different' style of communicating from both parties can often lead to anxiety, conflict and many unwanted behaviours being used as a result of different interpretations of the same message.

What you will learn:

In this workshop Tanya will introduce a simple yet very effective style of communication that offers to bring understanding to both parties ~ a style of communication that when implemented has changed the status for many struggling relationships in homes, schools, workplaces and communities, while laying a foundation for building a new and solid way forward.



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Topics Discussed:

- Anxiety and Autism Spectrum Disorder
- Strengths and weaknesses of ASD and Non ASD
- Developing an understanding of ASD style of communication
- Developing an understanding of Non ASD style of communication:
- Merging ASD and Non ASD style of communication in a way that brings understanding and acceptance without judgement and rejection

About Tanya Curtis

Tanya Curtis naturally expresses by teaching people to improve their own lives and knows that connecting with people for who they are is essential while supporting them to make their desired behavioural changes.

Tanya presents behaviour specialist workshops locally, nationally & internationally; is the author of 'Challenging Change, Behaviour Strategies for Life', has developed Fabic's entire product range as well as Fabic's Behaviour Change App and is also an author and co-founder of the children's book publishing company "Sunlight Ink".



Who Should Attend:

The workshop is open to:

- Any person who has a partner, family member, colleague or friend with characteristics associated with an Autism Spectrum Disorder including Asperger's Syndrome.
- Any person with high functioning Autism Spectrum Disorder (including Asperger's Syndrome) who would like to further understand and develop their communication skills.

