

August 2010

To the Fabic Team

When my son Connor was officially diagnosed with Aspergers Syndrome in March 2008 I cried for about 15 mins outside the Paediatrician's office. The guilt & grief that I felt was overwhelming!

I soon realised that wallowing in misguided self pity {that my son was no longer going to be what society deemed *NORMAL*} was not going to teach my son *how to cope in life* and as a sole parent the buck had to stop with me.

After taking some time out I pulled myself together, my little man needed me to help him find his way. It didn't take long for me to understand that the way I had learnt to parent, the tools passed on from my family didn't work with Connor and again I felt at a loss as to what to do. The pressure for me to cope & find a way of reaching into my son's altered world started to take its toll on our relationship and I realised that I wanted better for myself and my son. The support I was receiving was good but it didn't help me comprehend what was happening to my son and why he seemed so unable to cope with everyday situations. I read books, websites & information leaflets but I didn't understand how to implement the strategies in a practical way that worked for us. I felt very frustrated in my inability to assist my son.

After doing some research I was advised of Tan Curtis and her company F.A.B.I.C. but it was the ability to work with me through SKYPE that first tweaked my interest. No more long travelling to get to specialists now I was able to access them in my own home. After an at home visit where Tan came interacted & assessed Connor, I started on my road to understanding!! I have undertaken one-to-one sessions with Tan Curtis since April 2010 and workshop courses with the Fabic team since July 2010.

I have learnt so much!!! I have started to see through my son's eyes what is affecting him and implement coping strategies whereas previously I would not be able to help. I have witnessed my son blossom each time he understands what to do, say & cope where previously he would have melted down & used negative behaviour. Connor is now working with Tan through SKYPE sessions and I am seeing proof that he doesn't need to be in the same room as the specialists to achieve results and learn.

The practical training and strategies I have learnt from Tan and her fabulous team of staff at F.A.B.I.C. have helped me to feel empowered again & given me hope that I can achieve the goal of my son being able to function and interact effectively in society as an independent adult. Each session I undertake with Tan and F.A.B.I.C. I am one step closer.

Thanks Tan & F.A.B.I.C. staff.

Jodi & Connor