

## About FABIC

Functional Assessment & Behavioural Interventions Clinic (FABIC) has been designed to respond to the increasing demand by the community for professionals to work with children, adolescents and adults who are experiencing behavioural challenges and difficulties effectively managing the demands of their day-to-day life.

FABIC'S goals are to assist clients, their families and carers to develop effective skills (e.g., new appropriate behaviours) to allow individuals to function successfully in their day-to-day life. All programmes are designed to assist individual people to learn appropriate behaviours to replace their current use of inappropriate behaviours in situations they perceive as challenging.

FABIC recognises a behavioural principal that 'All behaviour serves a purpose'. Thus, Functional Assessment of a client's problem behaviour is a fundamental component of FABIC'S therapy (i.e., investigating the reasons why individual behaviours are occurring). As a result, all services developed are needs based, practical and individualised.

FABIC is also aware that challenging behaviours are generally a result of person responding to events occurring within their environment. Therefore programmes offered at FABIC may also focus on teaching carers, parents, teachers and other professionals to advance their skills to effectively manage challenging behaviour.

### Services Offered:

- Functional Behaviour Assessments
- Behaviour Management Consultations
- Social Skills
- Anger Management
- Counselling
- Life Skills Programme
- Educational Assessments
- Seminars, Workshops & Training Programme
- Behavioural Consulting Services

## Tan Curtis

Tan Curtis is the director of FABIC. Tan has a Master of Behaviour Management; a Master of Counselling; a Bachelor of Health Science (Behaviour Management) and an Associate Diploma of Education.



Tan Curtis has extensive experience working in the field of Behaviour Management and Counselling in university clinical settings and private practice with children, adolescents and adults who are displaying challenging and unwanted behaviours.

Tan's experience has included (but not limited to) supporting those who are experiencing difficulties related to: Anxiety; Aspergers Syndrome, Autism Spectrum Disorder, Intellectual Impairment, Attention Deficit Hyperactivity Disorder, Learning Disorders, Oppositional Defiance Disorder and Depression.

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## Workshops and Training Programmes

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*'Providing individuals with the tools to manage their own lives more successfully'*

Educational programmes are designed for small groups of people or larger organisations. Programmes are designed to assist people to develop effective skills to understand and manage the challenging behaviours often exhibited by individual people.

Programmes can be conducted for:

1. Individuals Caring for a person using challenging behaviours including:
  - Parents
  - Family
  - Friends
  - Teachers
  - Professional Carers
  - Health Care Professionals
2. Organisations caring for a person using challenging behaviours including:
  - Schools
  - Disability Services
  - Residential Support Services
  - Respite Services
  - Health & Human Services



## Workshops & Training Programmes

Workshops & Training Programmes are designed to provide individuals with an increased knowledge base in the topic of their choice. All programmes will be behaviour based and are aimed at assisting those working or living with “challenging behaviours”. Each programme is presented over 4 separate 1½ hour modules or 1 x 7 hour session (including breaks). Programmes can be conducted at FABIC’s premises for groups of 8 or less or within the organisations setting for larger groups. All training programmes away from the Gold Coast will be presented in a one-day format. FABIC presents workshops for individuals or organisations

### Existing programmes include

- Developing a Conducive Environment for a person with ASD
- Developing Effective Communication Skills
- Positive Behavioural Interventions for Persons Using Challenging Behaviours
- Conducting a Functional Assessment of an Individual Person & Developing Relevant Behavioral Interventions
- Identifying Characteristics of Common Disabilities First Identified During Childhood or Adolescence

### Developing A Conducive Environment for a Person With ASD

A person with ASD can find their daily environment challenging. When the environment is challenging for any person their level of anxiety is likely to increase, resulting in some form of behavioural deterioration. This programme is designed to assist those who work with an ASD person to become aware of and modify common environmental challenges. As a result the ASD person will be less anxious and therefore less behavioural deteriorations will occur.

### Developing Effective Communication Skills

Communicating successfully with other people is based on using appropriate means of sending the correct message as well as correctly interpreting the message from other people. This programme is designed to assist individuals to develop effective communication skills to use during everyday interaction.

### Positive Behavioural Interventions for persons Using Challenging Behaviour

This programme is designed to assist those who work with people using challenging behaviours to better understand the reasons why these behaviours occur and to then develop effective interventions based on preventative measures.

### Conducting a Functional Assessment of an Individual Person & Developing Relevant Behavioural Interventions

This programme is designed to teach individuals to develop effective tools to effectively assess and understand the reasons why behaviours occur. Individuals are further taught basic rules to develop interventions based on the outcome of the assessment.

### Identifying characteristics of common disabilities first identified during childhood or adolescence

This programme is designed to educate those who work with children and adolescents to identify the characteristics and behaviours associated with typical childhood disorders including:

- Pervasive Development Disorder including Autism & Aspergers
- Learning Disability
- Communication Disorders
- Attention Deficit Hyperactivity Disorder
- Oppositional Defiance Disorder