

About FABIC

Functional Assessment & Behavioural Interventions Clinic (FABIC) has been designed to respond to the increasing demand by the community for professionals to work with children, adolescents and adults who are experiencing behavioural challenges and difficulties effectively managing the demands of their day-to-day life.

FABIC'S goals are to assist clients, their families and carers to develop effective skills (e.g., new appropriate behaviours) to allow individuals to function successfully in their day-to-day life. All programmes are designed to assist individual people to learn appropriate behaviours to replace their current use of inappropriate behaviours in situations they perceive as challenging.

FABIC recognises a behavioural principal that 'All behaviour serves a purpose'. Thus, Functional Assessment of a client's problem behaviour is a fundamental component of FABIC'S therapy (i.e., investigating the reasons why individual behaviours are occurring). As a result, all services developed are needs based, practical and individualised.

FABIC is also aware that challenging behaviours are generally a result of person responding to events occurring within their environment. Therefore programmes offered at FABIC may also focus on teaching carers, parents, teachers and other professionals to advance their skills to effectively manage challenging behaviour.

Services Offered:

- Functional Behaviour Assessments
- Behaviour Management Consultations
- Social Skills
- Anger Management
- Counselling
- Life Skills Programme
- Educational Assessments
- Seminars, Workshops & Training Programme
- Behavioural Consulting Services

Tan Curtis

Tan Curtis is the director of FABIC. Tan has a Master of Behaviour Management; a Master of Counselling; a Bachelor of Health Science (Behaviour Management) and an Associate Diploma of Education.



Tan Curtis has extensive experience working in the field of Behaviour Management and Counselling in university clinical settings and private practice with children, adolescents and adults who are displaying challenging and unwanted behaviours.

Tan's experience has included (but not limited to) supporting those who are experiencing difficulties related to: Anxiety; Aspergers Syndrome, Autism Spectrum Disorder, Intellectual Impairment, Attention Deficit Hyperactivity Disorder, Learning Disorders, Oppositional Defiance Disorder and Depression.

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Summary of Services

(07) 5530 5099



'Providing individuals with the tools to manage their own lives more successfully'

Workshops & Training Programmes

Workshops & Training Programmes are designed to provide individuals with an increased knowledge base in the topic of their choice. All programmes will be behaviour based and are aimed at assisting those working or living with “challenging behaviours”. Each programme is presented over 4 separate 1½ hour modules or 1 x 7 hour session (including breaks). Programmes can be conducted at FABIC’s premises for groups of 8 or less or within the organisations setting for larger groups. All training programmes away from the Gold Coast will be presented in a one-day format. FABIC presents workshops for individuals or organisations.

Existing programmes include

- Developing a Conductive Environment for a person with an Autism Spectrum Disorder
- Developing Effective Communication Skills
- Positive Behavioural Interventions for persons Using Challenging Behaviour
- Conducting a Functional Assessment of an Individual Person & Developing Relevant Behavioural Interventions
- Identifying characteristics of common disabilities first identified during childhood or adolescence



Assessments

Functional Behavioural Assessments	Functional Behaviour Assessment of an undesired behaviour is the process of investigating the reasons why specific behaviour(s) are occurring via interviews, data collection and observations. Functional Behaviour Assessment of challenging behaviours can be conducted in the home, school or other external environment and allows a clinician to gain a full understanding of why behaviour is being used. This assessment allows for the development of individualised, needs based and effective skills based behavioural interventions.
Educational Assessments	A person’s reported behavioural concerns in an academic setting can sometimes be a result of the individual experiencing difficulties managing the academics demands typically found in a classroom environment. An Educational Assessment is the process of investigating a person’s academic strengths and weaknesses via administration of standardised assessments along with the review of relevant reports and interviews with the client and significant others. This assessment will assist in identifying or ruling out the presence of potential challenges associated with completing academic demands in the classroom setting.
Combined: Functional Assessment & Educational Assessment	At times challenging behaviour is often a result of a person finding the classroom environment challenging. The combined Functional Behaviour Assessment and Educational Assessment is the process of investigating the reasons why unwanted behaviour(s) are occurring as well as identifying a person’s academic strengths and weaknesses. This information is obtained via interviews, data collection, observations and administration of standardised assessment. The information obtained from this assessment assists with the effective development of individualised, needs-based and effective skills-based interventions and can further assist with the development of an “Individual Education Plan”.

Consultations with Individuals and Carers

Behaviour Management Consultations	Behaviour Management Consultations are aimed at developing and implementing individualised, needs-based and effective skills-based behavioural interventions. Skills developed during this process will assist clients to meet their potential and enable them to function in a more appropriate and acceptable manner. Strategies are aimed at benefiting the individual and other people within their immediate and extended environments (e.g., home, school, workplace, society).
Social Skills	Social Skills Consultations are aimed at assisting individuals via one-on-one consultations to develop appropriate means of interacting with other people or groups of people.
Anger Management	Anger Management Consultations are aimed at assisting individuals via one-on-one consultations to better manage a situation they find challenging and to develop appropriate behaviours to replace current “anger related behaviours”. Skills developed are based on assisting a person to better manage the situations they are finding difficult to manage.
Counselling	Counselling sessions are aimed at assisting individuals via one-on-one consultations to more effectively manage difficulties associated with: <ul style="list-style-type: none"> • Managing the demands of their day-to-day life • General anxiety • Depression • Eating disorders

Training and Programmes

Life Skills programme	This programme is aimed at assisting individuals with disabilities to develop required “life-skills” enabling them to function more independently on a daily basis. The goals developed will be different for each individual person depending on the individual’s level of functioning and goals established. The interventions developed will be implemented in the environment where the goal behaviour will naturally occur (e.g, home, school or community setting).
Workshops & training programmes	Educational programmes are designed for small groups of people or larger organisations. Programmes are designed to assist carers to develop effective skills to understand and manage the challenging behaviours often exhibited by individual people (please see website for current courses or contact FABIC if you would like an individualised course developed). Each programme is presented over 4 separate 1½ hour modules or 1 x 7 hour session.
Behavioural Consulting Services	Organisation based consultations are aimed at providing assistance in the development and implementation of <ul style="list-style-type: none"> • Behaviour Modification Programmes for individuals • Procedures and policies to assist organisations in meeting the needs of clients who have behavioural difficulties.

