



## Developing a Conducive Environment for an ASD Person

### Target group:

Parents, teachers and carers of people who have Autism Spectrum Disorder

### Objectives:

A person with ASD can find their daily environment challenging. When the environment is challenging for any person their level of anxiety is likely to increase, resulting in some form of behavioural deterioration. This programme is designed to assist those who work with an ASD person to become aware of and modify common environmental challenges. As a result the ASD person will be less anxious and therefore less behavioural deteriorations will occur.

Throughout this programme participants will learn:

- ◆ To identify common environmental challenges an ASD person faces on a daily bases
- ◆ That behavioural deterioration is often the person's only means of managing these challenging situations.
- ◆ How to develop a favourable environment in which a person with ASD will be less anxious and therefore can function more effectively

### Topics Covered:

- ◆ Anxiety, ASD & behavioural deterioration
- ◆ Sequence of behaviour
- ◆ Functions of behaviour
- ◆ Identifying common challenging situations to which an ASD person is likely to be exposed
- ◆ Identifying when intervention is required

### Programme Details:

This programme is run over four 1½ -hour sessions. There is a limit to 7 people per group. Please see website for details of next programme

### Cost:

\$264.00 (including GST) for all four sessions

### Contact details

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