

Understanding Behaviour

Conducting a Functional Behavioural Assessment for People Using Unwanted Behaviours

Overview

We all use behaviours we would prefer not to be using ... if we want the behaviour to change we must first understand "why" this behaviour is being used!

All behaviour happens for a reason ... no matter how unwanted or unacceptable the behaviour is, IT IS HAPPENING FOR A REASON. This reason must first be identified if we want positive behaviour change to occur. This course aims to support people to look at behaviour in isolation of the person and be objective by investigating & identifying the reason for certain behaviour. You will be taught a scientific yet user friendly behaviour investigation tool enabling you to "Understand Behaviour used by self and other people". Behaviour is often used to describe who a person is but if we learn to understand behaviour as "a form of expression and often as a coping strategy" we will be able to learn to understand that behaviour is not who a person is; rather what a person is doing. Understanding behaviour is not an "excuse" or "allowance" for unwanted behaviour rather an identification of "WHY" the behaviour is being used ... the REASON! Functional Behaviour Assessment is a process that aims to look beyond the behaviour itself, enabling supporters to identify all factors associated with the occurrence of an unwanted behaviour. The objective information gained from a Functional Behaviour Assessment is used to support positive behaviour change.

Objectives

This programme is designed for attendees to gain an understanding of behaviours used by self or other people using a scientific behaviour assessment model!

Functional Behaviour Assessment is a worldwide recognised assessment tool that when used as a first step supports positive behaviour change. Fobic advocates that you must first understand behaviour and then use this information to develop behaviour change strategies.

Note: behaviour change strategies are covered in our course "Changing Behaviour". These two courses complement each other but it is not essential to do both!

Course participants will leave equipped with the knowledge of all the required steps to conduct a Functional Behavioural Assessment in their work, community or home setting ... thus leave with a view of UNDERSTANDING BEHAVIOUR

Who should attend

Any person spending time with a person using unwanted behaviours ... whether that is yourself or another person!

Employees from: Education Services, Disability Services, Mental Health Departments, Medical Services, Justice Departments, Welfare Agencies, Residential Support Networks, Legal Services & other Health & Human Services.

Supporters of people who use unwanted behaviours including parents, partners, siblings, grandparents, relatives and friends.

Individuals wanting to gain insight into their own unwanted behaviours.

Course Outline

Module 1

- 1 Introduction
 - > 10 Behaviour Assumptions
 - > Sequence of Behaviour Overview
 - > Needs Based Interventions
 - > Behaviour Scale

2 Steps of Functional Assessment

3 Step 1: Interview

Module 2

Step 2 & 3: Report review & data collection via group case study

- 1 Identifying challenging situations predicting behaviour use

Module 3

Case Study continued:

- 2 Identifying low intensity & escalated behaviours
- 3 Identifying consequences of behaviour resulting in reduction of behaviour

Module 4

- 1 Step 4: Functions Hypothesis
- 2 Step 5: Intervention Development
- 3 Summary
- 4 Questions & Answer time

Contact Fobic

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About FABIC

Functional Assessment & Behaviour Interventions Centre

Fabic is a National Behaviour Specialist Centre that supports people to understand and change behaviour used by any person.

Fabic's clinical staff consists of a team of highly skilled clinicians with extensive clinical experience and scientific understanding of behaviour. Fabic understands that behaviour is not WHO the person is and objectively review behaviour through a scientific analysis which supports positive behaviour change.

Fabic offers:

- 1 Clinical Behaviour Specialist Services
- 2 Staff mentoring for behaviour change in the workplace
- 3 Behaviour specialist workshops
- 4 Products and Merchandise

Summary of all services offered at Fabic can be found at www.fabic.com.au or products at www.tancurtis.com.au

About the presenters

Courses are presented by one of Fabics clinical team... All trained in the unique behaviour methodology practiced at Fabic.



Ms Tan Curtis
Director
Behaviour Specialist &
Facilitator



Mrs Shannan Puckeridge
Psychologist & Facilitator



Dr Kaya Beinke
Psychologist & Facilitator



About the Course Developer

Tan Curtis Director, Behaviour Specialist & Facilitator

Tan is the Managing Director and Founder of Fabic (established in 2006). Tan's professional qualifications include a: Master of Behaviour Management; Master of Counselling; Bachelor of Health Science (Behaviour Management) and an Associate Diploma of Education. Tan has extensive clinical experience working with people using a diversity of unwanted behaviours including but not limited to high functioning adults with some unwanted behaviours; mental health diagnosis; developmental disabilities; intellectual impairments and any children, adolescents and adults using behaviours they would like to change. Tan consults for schools, mental health departments, government agencies working with behaviour, justice department, disability services, rehabilitation centres & medical facilities working with behaviour. Courses developed by Tan are based on extensive clinical experience at Fabic & have been designed to be practical, user friendly and immediately beneficial when you return to your home and/or work setting. Tan is the author of "Challenging Change... behaviour strategies for life"; a helpful tool to support all people to understand and change behaviour for self or other people.

Testimonials

This course should be essential for all educators and in-fact should be done by ALL people who spend time with other people. I will use this in my working life and my home life & will encourage my workplace to train ALL staff as well as my son's school to train all their school staff & parents! Fantastic courses... I have now done all of Fabic courses & will do them again!

Sandra Vos, corporate psychologist & Mum

Total relevance to my role as project officer with specialist response service of DSQ.

Kim Schmidt, DSQ SRS

Provides a useable structure / templates to work from with students exhibiting challenging behaviours

Des Deuter School Principal

This course was very relevant to my line of work in assessing the needs of people and determining the reasons for behaviours

Angela - Family Service



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