

4 Week Workshops held at Fabic 2012

Understanding Aspergers and Autism Spectrum Disorders

Creating Positive Experiences for a Person with Aspergers or other ASD'S

People with Aspergers & other ASD's (Autism Spectrum Disorders) perceive this same world differently to others and thus may often be seen to be responding negatively to situations that other people may appear to be responding positively to. All people in the world (including you and me) exist on a scale from 1 (calm) to 5 (meltdown). Meltdowns look different for all people but if we are honest we would see that most of us have them in some form! Increasing anxiety is a result of a person being presented with experiences they don't feel equipped to handle; thus a cause for many people's meltdowns. In this workshop you will gain insight and an understanding of the perceptions of a person with an ASD and support you to see the individual as a person and not a "disorder". You will learn to understand what might predict a meltdown for the person with an ASD and without judgment learn how that might differ to another. You will be exposed to hands on techniques that are required to achieve a reduction in anxiety and thus a reduction in use of unwanted behaviour while increasing the use of desired behaviours for a person with an ASD.

Changing Behaviour

Increase Wanted Behaviours while Decreasing Unwanted Behaviours

Many people are using unwanted behaviours but really don't want to be ... they simply do not know what new positive behaviours to use instead. Using desired behaviours is a skill; a skill that often needs to be taught and not expected that people know how to do automatically ... just like learning to read or driving a car; we all need the opportunity to learn new skills! People frequently use unwanted behaviours in response to challenges they are experiencing & currently do not know how to respond to this same experience by using desired behaviours. Whether it be a 3-year-old or a 60-year-old; we all have used unwanted behaviours at some time, and will again in the future unless we are taught to respond differently. If we want to see new positive behaviours, we must teach what we want to see!

Price: \$330 HCWA \$363

Location: Suite 34 Worongary Town Centre
1 Mudgeeraba Road
Worongary QLD 4213

FEBRUARY - Day: Changing Behaviour

Session	Day	Date	Time
1	Monday	06.02.12	10-11.30am
2	Monday	13.02.12	10-11.30am
3	Monday	20.02.13	10-11.30am
4	Monday	27.02.12	10-11.30am

MARCH - Day: Understanding Aspergers and Autism Spectrum Disorders

Session	Day	Date	Time
1	Monday	12.03.12	10-11.30am
2	Monday	19.03.12	10-11.30am
3	Monday	26.03.12	10-11.30am
4	Monday	02.04.12	10-11.30am

APRIL - Day: Changing Behaviour

Session	Day	Date	Time
1	Tuesday	24.04.12	10-11.30am
2	Tuesday	01.05.12	10-11.30am
3	Tuesday	08.05.12	10-11.30am
4	Tuesday	15.05.12	10-11.30am

MAY - Day: Understanding Aspergers and Autism Spectrum Disorders

Session	Day	Date	Time
1	Tuesday	29.05.12	10-11.30am
2	Tuesday	05.06.12	10-11.30am
3	Tuesday	12.06.12	10-11.30am
4	Tuesday	19.06.12	10-11.30am

JULY - DAY: Changing Behaviour

Session	Day	Date	Time
1	Monday	16.07.12	10-11.30am
2	Monday	23.07.12	10-11.30am
3	Monday	30.07.12	10-11.30am
4	Monday	06.08.12	10-11.30am

AUGUST - Day: Understanding Aspergers and Autism Spectrum Disorders

Session	Day	Date	Time
1	Monday	20.08.12	10-11.30am
2	Monday	27.08.12	10-11.30am
3	Monday	03.09.12	10-11.30am
4	Monday	10.09.12	10-11.30am

OCTOBER - Day: Changing Behaviour

Session	Day	Date	Time
1	Monday	08.10.12	10-11.30am
2	Monday	15.10.12	10-11.30am
3	Monday	22.10.12	10-11.30am
4	Monday	29.10.12	10-11.30am

NOVEMBER - Day: Understanding Aspergers and Autism Spectrum Disorders

Session	Day	Date	Time
1	Monday	12.11.12	10-11.30am
2	Monday	19.11.12	10-11.30am
3	Monday	26.11.12	10-11.30am
4	Monday	03.12.12	10-11.30am

FEBRUARY - Night: Understanding Aspergers and Autism Spectrum Disorders

Session	Day	Date	Time
1	Tuesday	07.02.12	6.30-8pm
2	Tuesday	14.02.12	6.30-8pm
3	Tuesday	21.02.12	6.30-8pm
4	Tuesday	28.02.12	6.30-8pm

MARCH - Night: Changing Behaviour

Session	Day	Date	Time
1	Tuesday	13.03.12	6.30-8pm
2	Tuesday	20.03.12	6.30-8pm
3	Tuesday	27.03.12	6.30-8pm
4	Tuesday	03.04.12	6.30-8pm

APRIL - Night: Understanding Aspergers and Autism Spectrum Disorders

Session	Day	Date	Time
1	Tuesday	24.04.12	6.30-8pm
2	Tuesday	01.05.12	6.30-8pm
3	Tuesday	08.05.12	6.30-8pm
4	Tuesday	15.05.12	6.30-8pm

MAY - Night: Changing Behaviour

Session	Day	Date	Time
1	Tuesday	29.05.12	6.30-8pm
2	Tuesday	05.06.12	6.30-8pm
3	Tuesday	12.06.12	6.30-8pm
4	Tuesday	19.06.12	6.30-8pm

JULY - Night: Understanding Aspergers and Autism Spectrum Disorders

Session	Day	Date	Time
1	Tuesday	17.07.12	6.30-8pm
2	Tuesday	24.07.12	6.30-8pm
3	Tuesday	31.07.12	6.30-8pm
4	Tuesday	07.08.12	6.30-8pm

AUGUST - Night: Changing Behaviour

Session	Day	Date	Time
1	Tuesday	21.08.12	6.30-8pm
2	Tuesday	28.08.12	6.30-8pm
3	Tuesday	04.09.12	6.30-8pm
4	Tuesday	11.09.12	6.30-8pm

OCTOBER - Night: Understanding Aspergers and Autism Spectrum Disorders

Session	Day	Date	Time
1	Tuesday	09.10.12	6.30-8pm
2	Tuesday	16.10.12	6.30-8pm
3	Tuesday	23.10.12	6.30-8pm
4	Tuesday	30.10.12	6.30-8pm

NOVEMBER - Night: Changing Behaviour

Session	Day	Date	Time
1	Tuesday	13.11.12	6.30-8pm
2	Tuesday	20.11.12	6.30-8pm
3	Tuesday	27.11.12	6.30-8pm
4	Tuesday	04.12.12	6.30-8pm

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