

Positive Behavioural Interventions

for People Using Unwanted Behaviour

4 Week Workshop

PBI 402

Overview

Attending this unique and hands on workshop will provide you with a new and innovative experience in the application of individualised behavioural strategies. Use of real case examples and the opportunity to practice learned strategies throughout the workshop allows for a true understanding that can be integrated into your every-day-life. The focus of this workshop will be on the development of skills-building and preventative strategies as opposed to reactive strategies. This will lead to the reduction of unwanted behaviours and an increase in occurrences of more sought-after appropriate behaviours. The practical and common sense strategies presented in your user friendly workbook will allow for ongoing reference and effective implementation after you have completed this workshop.

Objectives

A person who uses Unwanted Behaviours is likely to be responding to a situation they perceive as challenging and that they do not currently have the appropriate means to manage effectively. Unwanted Behaviours are often a person's only existing-skills to communicate a message to other people: "I don't know how to manage this situation I am finding challenging". This programme is designed to assist individuals wanting to change their own unwanted behaviours and those who work with people using unwanted behaviours to: (1) better understand the reasons why unwanted behaviours occur and (2) to develop effective interventions based on preventive and skills-building strategies. Strategies learnt will assist an individual to use appropriate behaviours and therefore better manage in these same situations they previously found difficult to handle effectively.

Who should attend

Employees from: Education Services, Disability Services, Mental Health Departments, Medical Services, Justice Departments, Welfare Agencies, Residential Support Networks, Legal Services working with people using unwanted behaviours & other Health & Human Services whom comprise of clientele presenting with challenging and unwanted behaviours.

Carers & Supporters of people who use unwanted behaviours including parents, partners, siblings, grandparents, relatives and friends

Individuals wanting to gain insight into their own unwanted behaviours including those whom experience difficulties managing day-to-day demands, heightened anxiety and/or depression

Course Outline

Module 1

Understanding Behaviour

- 1 10 Behaviour Assumptions
- 2 Anxiety and behavioural deterioration
- 3 Sequence and Functions of Behaviour
- 4 Identifying when intervention is required (Thermometer)

Module 2

- 1 Types of Behavioural Interventions
- 2 Punishment vs. Reinforcement
- 3 Alternative Appropriate Behaviours
 - i Behaviour rating scale
 - ii I choose charts
 - iii Get the facts before I respond
 - iv Can I change or control this situation?

Module 3

- 1 Creating Predictability and a sense of purpose
 - > Visual Schedules
 - > Task breakdown templates
 - > Task Analysis
- 2 Token Economy

Module 4

- 1 Expressive communication
- 2 Social skills
- 3 Relaxation strategies
- 4 Summary

Positive Behavioural Interventions

for People Using Unwanted Behaviour

4 Week Workshop

PBI 402

About FABIC

FABIC are the experts in the science of behaviour. We are a team of highly skilled clinicians with a broad experience in helping people understand behaviour. More about the Fabic team can be found at www.fabic.com.au. This course has been written by Tan Curtis FABIC's founding director and Senior Clinician.

About the presenters



Shannan Puckeridge
Course Facilitator

Shannan has a Bachelor of Psychology (First Class Honours) and is a registered Psychologist with the Australian National Psychology Board. Shannan offers her professional guidance in supporting carers and clients to understand and change their own unwanted behaviours; and supports others to understand behaviours used by other people. Shannan has extensive experience in developing, implementing and evaluating positive behavioural interventions for people using unwanted behaviours

Details

4 Day Workshop

This programme is run over four 1½ hour sessions at FABIC's clinic at Worongary. There is a limit of 8 people per group.

Course fee: \$330 (including GST) for all four sessions. Approved with Helping Children with Autism Package: \$363 (including GST) for all four sessions.

Next session dates and times are:

Thursday 25 August	10–11.30am
Thursday 1 September	10–11.30am
Thursday 8 September	10–11.30am
Thursday 15 September	10–11.30am

Testimonials

Terrific session, really glad I attended (as a parent) will recommend to school staff and support workers.

Dr Sandra Jones, University of Wollongong

I can't wait to try the new ideas! Very easy to listen to, practical ideas and excellent resources to take away.

Alison Hammond, St Josephs School Grafton

A very practical approach to managing people with extremely challenging behaviour.

Julie Thompson, DECS Riverland Office

Contact

FABIC

P 07 5530 5099

F 07 5530 5079

info@fabic.com.au

fabic.com.au

Course Name _____ Location _____ Date of Course _____

Course Times: 10.00am to 11.30am

Price: \$330 per person for 4 sessions > FaHCSIA Helping Children With Autism package prices \$363

All prices are inclusive of GST. ALL payments to be finalised prior to workshops.

Invoice Details

Contact/Invoice Name	Company	Email	Postal Address	Phone	Fax

Participant Details

Attendee Name/s	Email	Phone	\$
Total			\$

Payment Details

Cheque *Please make all cheques payable to FABIC*

Visa Mastercard Bankcard

Direct Transfer (EFT) *Please Record Receipt No:*

Card Number

Expiry Date Name of Card Holder _____

Signature _____

Account Name FABIC Pty Ltd
Bank Westpac
BSB 034-610
Account No. 213 340

FABIC Pty Ltd (ACN: 131219915) ATF FABIC & EDUCATIONAL TRUST (ABN: 51755382014)

Cancellation Policy: Workshop bookings cancelled within 14 days of course date will receive no refund due to catering and booking fees. Workshop bookings cancelled 15 days or more prior to course date will incur a \$50 service fee. Workshops are transferrable to another attendee with prior notice.

To Register

Please fax, post or email registration form to details below:

Suite 34 Worongary Town Centre
1 Mudgeeraba Road
(exit 77 via Pacific Hwy)
Worongary QLD 4213
P 07 55 305 099
F 07 55 305 079
info@fabic.com.au

fabic.com.au