

Functional Behaviour Assessment

Fact Sheet

Understanding unwanted behaviours

All human behaviour has a reason. Identifying that reason is the first step in managing or modifying any behaviour pattern. At Fabic we work out the specific reasons for the unwanted behaviour by conducting a Functional Behaviour Assessment.

We find out the reason for the behaviour both by talking to and observing the person in their usual environment: at home, school or in the community. We then work out an intervention program based on what we have learnt. We provide you with a report detailing what we believe to be the causes and give you practical tools to manage and modify the behaviour.

There are benefits both for the person with the unwanted behaviour, as well as for those around them.

What?

The Functional Behaviour Assessment consists of:

- 1 x initial meeting with a primary carer (face-to-face, phone or Skype)
- 1 x observation of the person in the setting where the behaviour occurs
- 1 x interview with the person (if appropriate)
- 1 x review of any written reports provided to us
- 1 x detailed report highlighting reasons for unwanted behaviours and recommendations to bring about change in behaviour
- 1 x report feedback session with carer (face-to-face, phone or Skype)

How long?

It takes about 4 weeks from the first meeting until you receive our final report.

Where?

The meetings take place at our Fabic office in Woorongary, whether face-to-face, via telephone or Skype consultation. We observe the person in the environment where the behaviour occurs. If there is more than one setting, we can arrange more than one visit for an additional fee.

The cost of observations depends on how far it is from the Fabic office (more than 15 minutes from FABIC incurs extra travel cost).

For more information, call Fabic on (07) 5530 5099