

Creating Positive Experiences

for a Person with an Autism Spectrum Disorder (ASD)

1 Day Workshop

CPE 101

Overview

All people have an anxiety scale from 1 (calm) to 5 (meltdown). Increasing anxiety is a result of a person being presented with events they perceive as challenging in their day-to-day environment. Individuals exhibiting characteristics of an Autism Spectrum Disorder (ASD) including Aspergers Syndrome perceive the same world we all live in, in their own unique manner. A person with an ASD finds some daily experiences challenging ... experiences that others do not find challenging, in fact might enjoy; thus we are all experiencing the same situations differently. Knowledge and understanding gained from extensive clinical experience with individuals with an ASD and their families has led to the development of this course. You will gain knowledge of innovative, hands on techniques that are required to achieve a reduction in anxiety and challenging behaviours for the person with an ASD. The practical and common sense strategies presented in your user friendly workbook will allow for ongoing reference and effective implementation after you have completed this workshop.

Objectives

This programme has been designed to assist those who work with, or in some manner support a person with an ASD, to learn to understand how the person with an ASD experiences the world differently to you and their peers ... remembering that different does not mean wrong! By identifying these different experiences we are able to identify and understand the person's unique triggers to escalated anxiety and thus likely behavioural deterioration. Strategies are taught to equip supporters to modify these triggers or to understand when and how to teach the person with an ASD to learn new behavioural responses; thus reducing both anxiety and behavioural deterioration. Throughout this programme participants will learn:

- > How a person with an ASD experiences the world differently to you and others
- > To identify common challenges a person with an ASD is presented with on a daily basis
- > That behavioural deterioration is often the person's only means of managing these challenging situations
- > How to develop more favourable experiences in which a person with an ASD will become less anxious and therefore can function most successfully

Who Should Attend

Employees from: Education Services, Disability Services, Mental Health, Medical, Justice Departments, Welfare agencies, Residential Support Networks, Legal Services working with families with an ASD person & other Health & Human Services whom comprise of clientele presenting with an Autism Spectrum Disorder including Aspergers Syndrome.

Carers & Supporters of people who have an ASD including parents, partners, siblings, grandparents, relatives and friends.

Individuals with Aspergers Syndrome.

Course Outline

Module 1

- 1 Defining ASD
- 2 10 Behaviour Assumptions
- 3 Anxiety, ASD and behavioural deterioration
- 4 Thermometer
- 5 Sequence and Functions of Behaviour

Module 2

Common Challenges a person with an ASD is likely to experience within:

- 1 Setting
- 2 Interactions
 - a Social Skills
 - b Expressive Communication

Module 3

Common Challenges a person with an ASD is likely to experience with:

- 1 Interactions
 - a Receptive Communication
- 2 Tasks and activities

Module 4

- 1 Automatic & internal challenges
- 2 Summary
- 3 Group Case Study

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About FABIC

FABIC are the experts in the science of behaviour. We are a team of highly skilled clinicians with a broad experience in helping people understand behaviour. More about the Fabic team can be found at www.fabic.com.au. This course has been written by Tan Curtis FABIC's founding director and Senior Clinician.

About the presenter



Tan Curtis
Director and Senior Clinician

Tan is the Managing Director and Founder of FABIC (established in February 2006). Tan's professional qualifications include a: Master of Behaviour Management, Master of Counselling, Bachelor of Health Science (Behaviour Management) and an Associate Diploma of Education. Tan has extensive experience and immense passion with supporting individuals to understand and change their own unwanted behaviours and to train any person to understand behaviours used by other individuals.

Testimonials

Absolutely fantastic; incredibly thorough yet easy to understand and apply. Relevant to people in various situations and professions.

Monique van Spronen, Boroondara City Council

A nicely integrated view of behaviour and ASD focussing on the positive.

Jennifer Morgan, DSQ

The course explained and clarified many areas that I was needing to explore. The best course I have attended in many years!

Rachel McNaught DADHC

Details

1 Day Workshop

Date: Tuesday, November 22, 2011

Time: 8.30am Registration > 9.00am Start > 4.30pm Finish

Location: Quality Inn Centre Point
131 George Street Rockhampton QLD 4700
Undercover parking is \$5.00 for full day

Provided: Morning Tea > Afternoon Tea
(Due to dietary restrictions we request you provide your own lunch or cafes are close by)

Costs: Full Price: \$220 per person
Early Bird – Paying before 28.10.11 > Single booking – \$198
\$175 per person for group bookings (2 or more people)
(All prices are inclusive of GST. Cancellation Policy Applies.)
(ALL bookings \$220 single or multiple after Early bird discount date)
FaHCSIA Helping Children With Autism package prices \$220
ALL payments to be finalised prior to workshop

Note: Numbers limited. Booking will be confirmed on receipt of payment (i.e. direct transfer, credit card or cheque by mail)

Register: Please fill in the registration form (page 3) of this attachment and return by fax, email or post.

Contact

FABIC

P 07 5530 5099

F 07 5530 5079

info@fabic.com.au

fabic.com.au

Course Name _____ Location _____ Date of Course _____

Course Times: 8.30am Registration > 9am Start > 4.30pm Finish

Full Price: \$220 per person > Early Bird Price: \$198 per person > Group bookings (2 or more people): \$175 per person > FaHCSIA Helping Children With Autism package prices \$220 > Webinars \$330.00 per person (all prices are per person, per workshop)

All prices are inclusive of GST. Cancellation Policy Applies. ALL bookings \$220 per person (Single or Group) after Early Bird discount date. ALL payments to be finalised prior to workshop.

Invoice Details

Contact/Invoice Name	Company	Email	Postal Address	Phone	Fax

Participant Details

Attendee Name/s	Email	Phone	\$
Total			\$

Payment Details

Cheque Please make all cheques payable to FABIC

Visa Mastercard Bankcard

Direct Transfer (EFT) Please Record Receipt No:

Card Number

Expiry Date Name of Card Holder _____

Signature _____

Account Name FABIC Pty Ltd
 Bank Westpac
 BSB 034-610
 Account No. 213 340

FABIC Pty Ltd (ACN: 131219915) ATF FABIC & EDUCATIONAL TRUST (ABN: 51755382014)

Cancellation Policy: Workshop bookings cancelled within 14 days of course date will receive no refund due to catering and booking fees. Workshop bookings cancelled 15 days or more prior to course date will incur a \$50 service fee. Workshops are transferrable to another attendee with prior notice.

To Register

Please fax, post or email registration form to details below:

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 1 Mudgeeraba Road
 (exit 77 via Pacific Hwy)
 Worongary QLD 4213
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